



TANGLAW

THE OFFICIAL PUBLICATION OF THE PHILIPPINE NURSES' ASSOCIATION OF GREATER KANSAS CITY

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In this issue... Bowling for a Cause • PNAGKC FAGKC PMSGKC Education • Men in Nursing

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EDITOR'S NOTE

"How are you feeling today?"

It's a question we often ask each other on a regular basis. Over the last two years, we have all been through many different emotions: afraid, angry, lonely, grieving, sad, stressed, worried and many times, unsure. These feelings were brought more into the forefronts of our mind as we have been going through the COVID-19 pandemic.



The Centers of Disease Control and Prevention (CDC) has a campaign, How Right Now to help promote and strengthen the emotional well-being and resiliency of those affected by COVID-19 related emotions. It is a communication campaign provided by the CDC and the CDC foundation. Sharing our concerns and challenges can help us in identifying the emotions we are feeling and get a conversation started with our family, friends and community. And sometimes it helps just knowing that we are not alone in our feelings. The CBC campaign can help with that by providing resources on how to identify and work through our feelings as well as providing stories of people who have coped during the COVID-19 pandemic.

One way that is encouraged to help reduce stress and feel better is practicing gratitude. Ways to practice gratitude include thinking about why you are grateful for you, writing a letter to a friend or calling someone and tell them you are grateful for them and why, do a favor for someone you are grateful for or volunteering out the community. I know for a fact, I am grateful for the PNAGKC members who have continually given their time to our community.

For more information on this campaign, visit HowRightNow.org

Jessamine Endaya Daley DNP, APRN, NP-C

President's Message

My induction as President of PNAGKC in April 2020 was virtual, that was when ZOOM was introduced to me for the first time. I was confused, mesmerized and thankful later of its importance not only to PNAGKC but to almost everyone in our country. Now Zoom and I are best friends. I would not say friends forever but thanks to so many people, special mention Luz Conde and family members who held my hand and patiently, I repeat patiently, went step by step on how to do ZOOM up to now.

There were goals set for PNAGKC officers and the Executive board for 2020-2022

1. Transparency – communication to members and executive board and advisers through text, email phone calls and zoom.

2. Empathy – as nurses this has been in our nature to show care, compassion we can go on and on telling you how this group of frontline workers even behind the scenes workers have worked tirelessly- always with love and thoughtfulness.

3. Help People – Our chapter not only helps each other, our members, and their families, but we care about our community. Community service has been PNAGKC's pride in collaboration with different organizations like the Filipino Association of Greater Kansas City, Kansas City World Outreach Lions Club, Project Cure, Synergy Battered Women's Shelter, United Way, Neighbor to Neighbor, Health Outreach Foundations, Special Olympics and many more organizations that we share our voluntary services.

If you ask me, if we as a chapter have achieved these goals, I will give a loud YES and much more! These are some examples of our activities. There have been our Membership Fiesta/Picnic in May 2021, there have been Health Walk Initiatives in different parks but it's the after walk potluck brunch that made it more fun. We have our garden initiative visiting members' gardens and then again coming together with potluck lunch. We also have first in person educational seminar last August 2021, cancer awareness and getting to encourage, meet and support members or former members that have had cancer. We use Zoom for spiritual togetherness as we pray together for some members or their family members passing.

As I said before our chapter has had a lot of activities despite social distancing, masking, and restrictions.

But we are resilient that's why we have our theme "Age of Resilience" I looked up the meaning of resilience; the capacity to recover quickly from difficulties: Toughness, it is also the process of adapting well in the face of adversity, trauma, tragedy threats or significant sources of stress. If you were wanting to meet a resilient person look around you the one seating beside you the one working with you the one you go home to, they might meet some of this attributes, emotional wellbeing, inner drive, future focus, relationships, and physical wellbeing.



All of us in this room and beyond in our community and the world are resilient.

Therefore, I am going to tell you about PNAGKC's Goals for 2022-2024: Reflect and Assess, Strive to Continuously Learn and Grow, Be Purpose Driven, and Cultivate Relationships.

With the incoming officers of PNAGKC for 2022-2024 I am confident that this goal will be achieved and much more. We will have the enthusiasm and energy of our young new members and the steady knowledge and experience of our nurses that were there when our first PNAGKC organization was formed 31 years ago.

Our 2020-2022 PNAA's President's theme is SPARK meaning Stories of People, Achievement, Resilience and Kindness. I have been trying to guide my 2 years as president of PNAGKC to live up to this theme. So many stories of people I meet and come to call as friends in PNAGKC, so many achievements for PNAGKC, Resilience is felt and is being experienced everyday by all of us and lastly, Kindness, all members of PNAGKC have shown kindness to all that they encounter, their patients as nurses, their families as a wife or husband, daughter, son, uncle, aunt godparent or as a friend.

On this note I want to thank all of you for your love, kindness, and support to PNAGKC. And I will be remiss if I don't thank my ever-present sidekick, better half and husband, John, for his steadfast love and support.

Committee Reports



Irma Labre-Wright
**Bylaws • Policies
& Procedures Chair**

The PNAGKC Bylaws were revised as of May 6, 2021. The bylaws are the guiding document of our association. They are reviewed by the general assembly. The policies and procedures are the instructions on how we implement the bylaws. They are reviewed by the executive board.



Jessamine E. Daley
Communication • Website Chair

We have our new Zoom (Meeting ID: 706 391 9102) We pay annually for the Zoom, the account is under pnagkc@gmail.com. If committee(s) need to use the zoom, please contact J. Daley for use of the account. The website is a work in progress as the committee decides what should be on there.



Yollie P. Endaya
Membership Chair

In any organization, recruiting and retaining members can be a challenge. The hardwork and dedication of the executive board and everyone in the committee paved the way of achieving the goal of the 10% growth (goal of 74 members) for July 2022. We are now at 78 members. Thank you for your continued support of PNAGKC



Irma Labre-Wright
Scholarship Chair

Our Philippine scholar is set to graduate this year and we are going to need to start looking for our next scholar from the Philippines.



Tess Laoruangroch
Education Chair

Our most recent educational offering took place in April 2022 in collaboration with FAGKC and PMSGKC. Speakers were great per the survey completed by attendees. Most of the speakers received excellent remarks as well as the program being rated excellent.



Sonia Tumanut
Awards Committee Chair

We awarded three deserving nurses at our dinner dance in April 2022.

Congratulations Maggie Figurera (Clinical Nurse of the Year), Amie Valera (Community Service Nurse of the Year) and Jessamine Daley (Advanced Practice Nurse of the Year). We would also like to congratulate Marc Molitor who was awarded the 2021 3M Clinical Specialist Award for the United States.



Luz Conde
Nominations • Election

Congratulations to our new 2022-2024 Executive Board who was inducted on April 2, 2022 at Intercontinental Kansas City at the Plaza.



Maggie Figureroa
Social & Hospitality

Our dinner dance took place on April 2, 2022 and it was the first in person dinner event since the pandemic.

Our last in person dinner dance was in 2019. There were 287 attendees, the majority of them enjoyed the event and expressed to the gala committee their appreciation of a nice evening. We are in the process of discussing upcoming social events.



Elvie Leone
Human Rights

PNAA wants us to raise awareness on racism and violence against Asian

Americans. There's a report that a wave of harassment and attacks on Asian Americans has increased 149% since the start of COVID 19 pandemic. PNAA strongly condemns these acts of violence and hate of all forms against Asian American community. PNAA community work in addressing and reducing health disparities include calling out effects of systemic racism, unconscious bias, stereotype, and stigmata



Chito Belchez
Research
 No Report



Jessamine E Daley
Publication • Tanglaw Chair



Vicky Herrera
Community Outreach

Even with the pandemic, our volunteer hours are not less than 160 hours a month. We were able to commit our time and fulfill our commitments even during the pandemic. In the last 6-8 months, we have volunteered a total of 1,284 hours. This includes our regular volunteering services like neighbor to neighbor, meals on wheels, homeless clinic, project cure, novena prayers, FAGKC health checks with Pinoy Breakfast. In March 2022, we had volunteered 181 hours, making us the highest number of community outreach in PNAA.



Cora Zamora
Ways and Means Chair
 No Report



Irma Labre-Wright
Archives Committee
 No Report



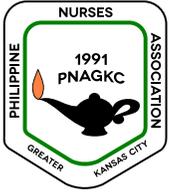
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for the next issue:

Please send your 1/2 - 1 page articles
 (with *.jpg pictures) to jessamine.endaya@gmail.com

As a member of PNAGKC, you are invited to join any of the committees you may be interested in serving. Please contact the the specific committee chair for any additional questions.



PNA Greater Kansas City EXECUTIVE BOARD

Terms of Office: 2022-2024



Babette Orlich
President



Daisy Guela
President-Elect



Marc Molitor
Vice President



Jessamine Daley
Secretary



Magnolia Figueroa
Assistant Secretary



Luz Conde
Treasurer



Anna Liza Dewhurst
Assistant Treasurer



Cora Zamora
Public Relations



Yollie Endaya
Auditor
Membership Chair



Elvie Leone
Board Member



Janessa Donahue
Board Member



Deneb Aben
Board Member



Chito Belchez
Board Member



Vicky Herrera
Board Member

Nephro U Education at Capital Grill - August 12, 2021

An educational and dinner session offered by NephU took place on August 12, 2021 at Capital Grill at the Country Club Plaza in Kansas City, Missouri. The speakers included Geoff Lockwood, PharmD, BCPS, MBA and Sachin Hajarnis, PhD. PNAGKC members were invited to spend an evening listening to the presentation “Empowering Patients Through Health Literacy.” Information was provided about how to improve health literacy in patients with chronic disease, particularly chronic kidney disease, to help empower them in shared decision-making. It was an information session that our members enjoyed learning about through our collaboration with NephU.





BOWLING FOR A CAUSE

Throw down strikes while helping our nurses continue their relentless work in our community. Proceeds from this bowling fundraiser support the **Philippine Nurses Association of Greater Kansas City** (PNAGKC), whose volunteer projects include: medical missions, Synergy Services for abused women and children, homeless clinics, Project CURE, nursing scholarships, diabetes screenings, and CEUs for nurses.

SATURDAY, OCTOBER 16, 2021 FROM 2 - 4PM
GLADSTONE BOWL, GLADSTONE, MISSOURI







Edel Support Group - October 19, 2021

On October 19, 2021, members gathered together to provide support to Edel. The event was organized by Tess Laoruangroch. They met up in Liberty, Missouri where trunk loads of items were given to Edel. Edel was surprised by the number of people who were there for support. She was so moved and very thankful. Thank you everyone who came. There were many unforgettable memories made that day.

Here's from Edel:

Thank you so much for a great and delicious lunch, more than a generous supply of groceries, veggies, canned goods, etc., etc. It seems like you bought the whole grocery store and goods na empty na naman and shelves nila. And then the well wishes cards with money on them were a very pleasant surprise, made me rich in an instant. I really appreciate you and all the members who came and shared their precious time. It was so good to see you and friends and familiar faces. My tummy and heart is full today. Thank you for all you do and thanks to PNAGKC and members.



PNAGKC Health Initiative - October 23, 2021



The PNAGKC Health Initiative that took place at Antioch Park on October 23, 2021 was well attended by our PNAGKC members. October is breast cancer awareness month so our members came out sporting their many shades of pink. Members were able to enjoy the color changes in the leaves as the cool autumn breeze made its way back into Kansas City.



Project Cure

It is always a busy day at Project Cure! PNAGKC volunteers come at least once a month to the warehouse to help sort and pack donated medical equipment to be sent to countries all over the world. Not only do our PNAGKC members volunteer their time, but their family members as well! It is a satisfying activity to share with one another knowing that you are helping others. This past spring, Project Cure was able to send several supply shipments to Ukraine. We are grateful to those volunteers who make community service a priority!

Special shoutout to Amie Valera and Irma Labre-Wright who volunteer weekly!

If you are interested in volunteering, please contact Irma Labre-Wright or Luz Conde for more information.



Battered Women and Children - November 21, 2021



Dear PNAGKC,

I am so thankful for the ongoing support and partnership of your organization to Synergy Services- Domestic Violence Shelter. For 10 years your team of volunteers have been consistent supporters to the survivors of domestic violence served by Synergy Services. Through education, supplies, food, positive energy, and a few dance parties you have helped us change lives! Having community support, kind words, and donations of medicine, hygiene and household supplies really does make a difference. As we continue this partnership in 2022 I hope to have the ability to bring volunteers back onsite at the shelter and interact with clients (with covid safety protocols in place as needed). Your knowledge in health care and self-care is critical for individuals experiencing domestic violence. I look forward to creating new volunteer opportunities with your team surrounding this area. Thank you for your support!

I look forward to working with you in 2022.

Sincerely,

Tara Syndergaard

Volunteer and Operations Manager- Synergy Services



Christmas Shindig - December 11, 2021

Written by: Jessamine Endaya Daley DNP, APRN, NP-C

The annual PNAGKC holiday celebration took place on Saturday December 11, 2021 at the North Kansas City Parks and Recreation in Kansas City, Missouri. A greeting address was given by Babette Orlich who introduced Maggie Figuerora who offered the dinner prayer. The potluck dinner was courtesy of the PNAGKC members who were in attendance. The 2020-2022 Executive Board was introduced by Babette before the executive board did a Christmas Sing-a-Long presentation to the members and their families. We played Christmas themed games and spent the rest of the evening dancing and socializing with one another after a year and a half of virtual gatherings.







THE “GARDENING WITH PNAGKC” DIARY

Written by: Tess Laoruangroch, MSN, MPH, APRN, FNP-BC, CHFN

AUTUMN 2021 Event, 10/02:

The health and networking initiative “Gardening with PNAGKC” kicked off at the garden of Mary Aragon and Moppett Florentino who graciously hosted the event. Despite the threat of rain, the attendees, most of them wearing pink for Breast Cancer Support, enjoyed the garden tour as Mary pointed out and showcased the various beautiful plants and interesting vegetation in pots and in the ground all around the yard. Moppette put together a display of stuffed human-sized dolls that attractively adorned the garden and “without protest,” the dolls became instant attractions for attendees to have their photos taken with them. Mary is a passionate gardener who loves planting and sharing her plants with others. In addition to Mopette, she gets support from Amie Valera. The three of them picked and hauled rocks from a new subdivision and structured the rocks simulating a dry river bed, thus adding another dimension in the garden. The attendees enjoyed a potluck lunch; noteworthy to mention that Luz Conde and the Riveras (Jun and Venir) both brought ampalaya dishes. The ampalaya was from their garden harvest. The attendees took home with them the plants and seeds that were exchanged at the end of the event, with the hope of new growth and harvest by spring and summer.



SPRING 2022 Event, 5/16:

Anita Cooper, Yollie Endaya, Irma Labre Wright and I toured the Ewing and Muriel Kauffman Memorial Garden in Kansas City. The garden is where Ewing and Muriel were buried and it is nationally known for its local and exotic botanicals with colorful foliage and blooms, some with fragrant scent. There are fountains, stone walls, sculptures, shaded benches, and then there’s the “Orangery,” an architectural structure that is a shelter for visitors and for seasonal plants. This garden tour jump started the gardening season for these PNAGKC members who afterwards went to Colonial Garden for more planting inspirations.

THE “GARDENING WITH PNAGKC” DIARY - cont.

Written by: Tess Laorangroch, MSN, MPH, APRN, FNP-BC, CHFN

SUMMER 2022 Event, 6/20:

“Fun, creative, crafty, artful, cool,” are words to describe the garden of Aurora Pacubas who generously offered her garden for the tour. She shared that her garden keeps her busy especially since retiring from nursing. She’s the main gardener, and basically does all the development and maintenance, including several trips of carting 6 tons of gravel from the front to the backyard. Her garden features recycled household and thrift stores items that she creatively transforms into interesting garden features: toilet tanks became planting pots, cut tree trunks poured with concrete to look like petrified structures supporting the plants, hubcaps as garden ornaments and other whimsical objects that adorned the garden. Her father-in-law’s former garden shed became a covered gazebo that is now the sheltering place in the garden. The garden tour attendees excitedly posed for photos with the garden decorations and structures. There are several sitting areas in the garden, thus allowing visitors to enjoy the garden in different vantage points. The brunch potluck food was consumed in no time and attendees even enjoyed Aurora’s cornhole game wherein the winners won potted plants! Interesting to add that Anita Cooper successfully grew ampalaya seedlings from the seeds that Venir Rivera gave out last fall! She shared a seedling with me. Ampalaya dishes coming up! Gardening is indeed a gift that keeps on giving!



Neighbor to Neighbor



Collaborative Blood Drive Events

PNAGKC has participated in 2 blood drives in the last year. Both events were successful and not only did our members volunteer their time but also donated blood. The blood drive events were completed in partnership with PMSGKC and FAGKC. The organizations worked as one with a common goal to serve the community. Looking forward to doing more blood drives in the future.



Zoll AED Training at the Filipino Cultural Center

On February 27, 2022, Maggie Figueroa, Cora Zamora, & Luz Conde presented the Zoll AED video training, hands on use of AED with Q&A to the Sinagtala Adult Dancers of the Filipino Association of Greater Kansas City. This took place at the Filipino Cultural Center in Overland Park, Kansas. There were 14 individuals who received the training.



New Member Spotlights



LUCENA (LUCHIE) BARTLETT **BSN, RN**

- Pamantasan Ng Lungsod ng Maynila
- Bachelor of Science in Nursing
 - Clinical Nurse-Lakewood Family Birthplace
 - University Health Lakewood Medical Center
-



CONCORDIA (CORA) MENEZ **BSN, RN**

- Far Eastern University- Bachelor of Science in Nursing
 - Clinical Nurse- St Mary's Hospital-Blue Springs
 - *Retired February 1997 (by choice)
-



KATHLEEN MEDALLA ROGERS **BSN, RN**

- University of Missouri Kansas City- Bachelor of Science in Nursing
- Clinical Nurse Specialist- Quinn Plastic Surgery Center

Typhoon Relief Assistance

Written by: Anita Cooper BSN, RN, PNAGKC Member

On December 17, 2021 the Philippines was extremely devastated by Typhoon Odette. Several islands were affected including Northern Palawan. This was the first time for the province to experience such a strong typhoon and the province was not prepared. PNAGKC was generous in helping. Northern Palawan was considered ground zero, where 95% of the people were affected and lost their houses, livelihoods and almost everything they personally own.

Through my nephew Louie Larosa, a newscaster at his own program Kuskos Batikos with Bandera News Palawan, helped facilitate our donation of \$360 . On Jan 7 they drove two hours to visit Magara Roxas Palawan. Louie and his family helped with the packing of food supplies as his sister, Denden and her family as well as the Bandera News helped in distributing the goods. Each bag of goods had 2 kilos of rice, coffee and brown sugar, 1 kilo of noodles and sardines. Louie was also able to give each child 20 pesos. At that time, Louie reported that we were the first organization to reach them because their place is remote.

Louie and the Bandera News team and the people of Magara would like to extend their sincere appreciation for the kindness and generosity of PNAGKC. Almost everyday during his show at 7:30 AM Philippines time, he mentions our organization and the assistance we have provided.





Helping victims of Typhoon Odette in Taytay Palawan

Greetings and thank you from the residents of Taytay Palawan. We have helped 100 Typhoon Odette victims. This project was spearheaded by Vicky Herrera. Her efforts soliciting donations made it possible to purchase food and groceries for 100 victims.

Sharing this letter of gratitude from the sisters in Alicia, Bohol where PNAGKC sent donations to help after the devastation from Typhoon Odette. We are thankful to Beth & Ernie Rosas as well as Cora Zamora who assisted in coordinating the transfer of funds.

Thank you PNAGKC for the support.



*Sisters Oblates of the Holy Spirit
Alicia, Bohol, Philippines*

January 5, 2022

*Mrs. Bobette Orlick
President, PNAGKC*

*Mrs. Irma Labre Wright
Vice-President, PNAGKC*

Dear Ma'am,

Greetings of love, peace + joy in the Lord!

Received herewith and in behalf of the Sisters Oblates of the Holy Spirit in Alicia, Bohol, the amount of TEN THOUSAND PESOS from PNAGKC through Rev. Fr. Patrick D. Calimlim. Your donations will be used for the repairs of our Convent and Kindergarten School's roofs blown by Super typhoon Odette.

Thank you very much. May our Lord who has never outdone in His generosity will reward you a hundredfold.

Assured of our constant remembrance of you and your foundation in our prayer.

Respectfully yours,

SR. MA. VERONIQUE D. CALIMLIM, OSS



Blood Pressure Checks and Health Education During Pinoy Breakfast

On March 5, 2022, volunteers from PNAGKC helped during the monthly FAGKC Pinoy Breakfast at the Filipino Cultural Center. Our PNAGKC volunteers also did blood pressure and blood sugar checks in addition to providing education regarding results of the checks. The PNAGKC volunteers were available during the event to answer basic health questions asked by the attendees of the breakfast. We were happy to support one of our very own PNAGKC members, Luz Conde, who is the current FAGKC President.



Age of Resilience - PNAGKC's 31st Anniversary Dinner Dance

Written by: Jessamine Endaya Daley DNP, APRN, NP-C, 2022 Dinner Dance Co-Chair

The evening of April 2, 2022 was one to remember. It was our first in person dinner dance since 2019 due to the COVID-19 pandemic. Plans for our dinner dance were dreamt up months before the event took place. The dinner dance committee was meeting once a month until March 2022 when meetings were changed to weekly in anticipation of our event. Theme ideas, color schemes and program ideas were discussed and agreed upon. Solicitation letters, save the dates and invitations were dispersed to the community. Safety protocols were taken into consideration as we want to ensure a safe indoor gathering for those we invited and those who decided to attend.

The dinner dance took place on April 2, 2022 at the Intercontinental Kansas City at the Plaza. Guests started arriving at the event around 5:30 pm. All guests were asked to be fully vaccinated for COVID 19 with booster (if eligible). Guests' COVID vaccination status were verified by members of the dinner dance committee and guests were given stickers to indicate they had been cleared. Opening remarks were made by PNAGKC president, Babette Orlich and the event was emceed by the dinner dance chairs, Maggie Figueroa and myself. Dinner was delicious and dinner music was performed by KC Superstar Mafia. A special performance by Paco Vitug and Dr. Yvonne Spurlock, a moving dance to "Rise Up" that encompassed what we have been through and came out of with the recent pandemic.

After the performance our guests enjoyed their dessert while Sonia Tumanut, awards committee chair, and the awards committee awarded three recipients this year: Maggie Figueroa, Clinical Nurse of the Year; Amie Valera, Community Service Nurse of the Year, and myself, Nurse Practitioner of the Year. There was a special recognition for Jessica Endaya Keefer, one of the Parade of Hearts Artists, who was in attendance at our event. The evening of our dinner dance was also our 2022-2024 Executive Board induction. The new executive board was inducted by Leila Busch, the North Central Region Vice President. The rest of the evening was spent dancing the night away by music performed by the Brokyn Bones, a group of physicians from the KC area, and KC Superstar Mafia.









NCR Conference

PHILIPPINE NURSES ASSOCIATION OF AMERICA
19TH NORTH CENTRAL REGION CONFERENCE

SPARK
MAY 6 - 8, 2022

ENHANCE THE S.P.I.R.I.T.
EMBRACE THE SPARK...

Enhance your leadership potential with evidence-based strategies to empower and support nursing leaders to thrive in the new normal.

For more information, visit our website to Register www.mypnaa.org

Book your room by April 15 to get discounted rate!
Hotel: Embassy Suites by Hilton Chicago O'Hare Rosemont, 5500 N River Rd, Rosemont, IL 60018

Rooms reserved for May 6-8, 2022. The special room rate will be available until April 15, 2022. Any reservations requested after this date may be subject to higher rates and room types will not be guaranteed.

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Memo: NCR

SCAN TO ACCESS HOTEL BOOKING

SPARKling in the Jungle NETWORKING NIGHT

LEADERSHIP INSTITUTE

EDUCATION SERIES

Spark of Excellence:
A Gala for Nursing

PNA Northwest Indiana Chapter is the Official Host of the 2022 NCR Conference. This event is open to all allied health professionals and students.



PNAGKC'S Live Education Symposium Since COVID

Written by: Tess Laoruangroch, MSN, MPH, APRN, FNP-BC, CHFN

After two years since the start of COVID-19, PNAGKC, in collaboration with Philippines Medical Society of Greater Kansas City and the Filipino Association of Greater Kansas City successfully presented “The Covid 19 Experience: What We Have Learned” on April 23, 2022 at the Filipino Cultural Center in Overland Park, Kansas. The symposium was the first time the three local Filipino- American associations worked together to present an educational program. The topics that were presented by eight speakers were interesting, varying from medical to clinical information about COVID-19. All the speakers were second- generation Filipinos here in America; two of the speakers have PNAGKC connections: Dr. Jessamine Endaya Daley DNP, is a past PNAGKC president and incoming PNAGKC secretary. She is also the chair of the PNAGKC’s newsletter “Tanglaw,” and hosts the PNAGKC’s website. She is the daughter of Yollie Endaya, the chair of PNAGKC’s Membership Committee. Dr. Endaya Daley discussed “Colorectal Cancer Screening: How Covid Affected Testing/ Screening and Update on CRC Guideline Recommendations.” The other speaker was Samantha Conde Area, MD, who presented virtually due to a missed flight from West Virginia. Dr. Conde Area is the daughter of Luz Conde, PNAGKC past president , and the current PNAGKC treasurer and president of the Filipino Association of Greater Kansas City. Dr. Conde Area presented on “Neuropathogenesis and Psychopathology Manifestations of Covid 19: Psychiatric Manifestations from the Covid 19 Pandemic.” Both of these speakers received, in general, an “ excellent” rating by the attendees in response to the post education survey.

There was no cost to attend the symposium and the attendees included physicians, nurses and members of the Filipino- American community who expressed that the symposium was excellent and very informative. In addition, the attendees were provided free breakfast and lunch, and the nurses received 5.5 CEUs.



PNAGKC Membership Appreciation Picnic

Written by: Yollie P. Endaya MSN, RNC-OB, C-EFM

It was a windy and breezy Saturday morning for our membership appreciation event. Saturday May 28, 2022 was the perfect day for a picnic.

The event took place at Hidden Valley Park in Blue Springs. It was the first to happen east of Kansas City. It was a great gathering where we were able to enjoy each other's company as well as time with our family members.

The wellness walk started at 8:30am while the grills were getting ready for the hotdog and burger cookout. We are thankful for our expert grillers - Ruben Lopez and Archie Endaya. Our table of plenty was filled with lots of desserts including cookies, cakes, pies, and fruits. Our lunch was made even more special with a freshly cooked pansit by Marilyn Carino.

Before we shared a meal together, an opening prayer was offered by Aida Lopez. The program was MC'd by Janessa Endaya Donahue - one of the newly elected board members for the executive board of 2022-2024. Babette recognized her outgoing EB of 2020-2022 with certificates of appreciation. The poster of the organizational chart of the PNAA was also shared at the event. Vicky Herrera distributed certificates of appreciation to those members who unselfishly give their time to do our community services. Small gifts from PNAA and PNAGKC were given to the members and families as well.

Games and prizes are always a hit at our gatherings. These games and prizes were courtesy of Vicky Herrera and Aurora Pacubas.

As always, it was a fun filled event of dancing and celebrating with our members and their families. The main plus is getting new members, membership renewals and camaraderie.

Until next May!

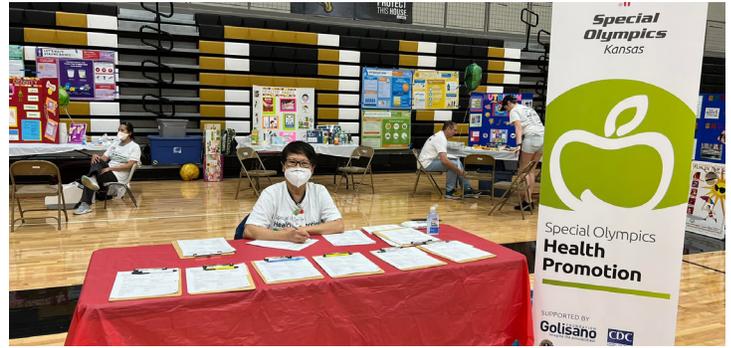




Special Olympics Volunteer Event

Written by: Luz Conde BSN, RN, CCRN

The annual community outreach project of PNAGKC was held in Wichita, Kansas in June 2022. The event provided screening and education on activities that promote good health to Special Olympics of Kansas athletes. Thank you to the many volunteers: Irma Wright, Babette Orlich, Leila Busch, Cecille Diego, John Orlich, Anna Liza Dewhurst and Luz Conde.



Community Service Reflection and Activities

Written by: Vicky Herrera BSN, RN, Community Outreach Chair



1527 hours and 30 minutes. The pandemic has affected the way we live, learn, work and interact in so many ways, more than one. During the pre-pandemic times, the Philippine Nurses Association of Greater Kansas City provided several thousands of annual service hours that benefited our community locally and internationally.

Today, our association encounters many restrictions that limit our capacity to serve those who are in need. Despite the obstacles, the Philippines Nurses Association of Greater Kansas City was able to provided 1527 and 30 minutes service hours to our community from July 2021 until May 2022 in the following but not limited to the following service projects:

- Homeless Clinic
- Special Olympics
- Safe Haven (Battered Women and Children)
- Project Cure
- Neighbor2Neighbor
- Prayer Novena for the Deceased
- Golf Fundraising for Medical Mission
- First Aid Volunteer at the Pinoy Breakfast
- Typhoon Odette Project (Financial and Supplies Aid to the Victims)
- American Red Cross Blood Drive
- Automated External Defibrillator Education for Laymen
- Health Initiatives

Time is the most precious resource on this planet. Unlike any other material possession, it is irreplaceable, cannot be bought, stored nor redeemed back. Once it passes, it is gone forever. Our time is the most precious gift anyone can give or receive.

1527 hours and 30 minutes and counting. I invite you to join us, volunteer and add your numbers to ours and make your seconds, minutes and hours count and be meaningful. It is only with the combined relentless commitment and dedication of our community outreach members and volunteers that we are able to achieve these exemplary accomplishments. Thank you for your continued support.

2020-2022 Community Outreach Committee Members

Vicky Herrera-Chair
Corazon Zamora Co-Chair
Irma Labre
Teresita Laorangroch
Elvira Leone
Luz Conde
Babette Orlich



Fiesta Filipina - June 11, 2022

The annual Fiesta Filipina took place Saturday June 11, 2022 at the Filipino Cultural Center in Overland Park, Kansas. It was well attended by Kansas City community members. Fiesta Filipina is a festival that celebrates authentic Filipino food, cultural dance and music. The event is put together by the Filipino Association of Greater Kansas City to commemorate Philippine Independence. PNAGKC members were found participating in the festival in various capacities. They were the food servers, performers, greeters and most importantly, first aid volunteers. The PNAGKC members were at the ready to provide first aid services when needed.



As I See It — Highlights: COVID 19 Vaccines

Written by: Yollie Endaya, Membership Chair | MSN, RNC-OB, C-EFM



The Centers for Disease Control and Prevention (CDC) has not stopped evaluating the efficacy and effectiveness of the vaccines. The CDC has also been monitoring how fast breakthrough infections, hospitalizations and deaths may and/or can occur. The estimates of vaccine effectiveness are not

expected to change in short periods of time unless circulating variants significantly change (CDC, 2022). There has been a noted waning effectiveness against infection in all age groups (CDC, 2022). Studies being conducted help to better understand how the COVID vaccines work in different age groups, different health outcomes and different variants (CDC, 2022).

The recent prominent variant of SARS-COV-2 was Omicron. In a study published by the CDC in May 2022, protection was higher in adult individuals who received a COVID-19 mRNA Vaccine dose or a Johnson and Johnson vaccine followed by the mRNA booster dose when compared to those who received two Johnson and Johnson doses (Plumb et al., 2022). A study in the effectiveness of vaccination series in adolescents and children when the Omicron variant became dominant noted protection from getting symptomatic illness in children 5-11 years of age and even more among adolescents age 12-15 years of age within 2 months of the second dose (Fleming et al., 2022)

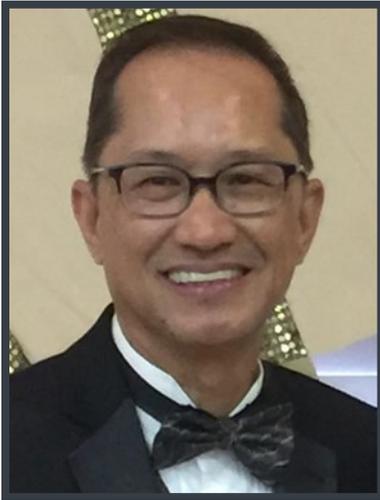
Study focuses identified by the CDC included evaluation of SARS-CoV-2 infections among skilled nursing facility residents as these individuals are often at higher risk for adverse outcomes (Prasad et al., 2022). The study conducted of approximately 15,000 nursing homes found that residents who received additional primary or booster dose of COVID-19 vaccine had greater protection against Omicron than those who only received two doses of an mRNA vaccine or one dose of the Johnson and Johnson vaccine (Prasad et al., 2022). The study concluded that getting a booster enhances or restores the protection against COVID-19 and it is recommended that nursing home residents, visitors, and staff should stay up to date on COVID vaccination (Prasad et al., 2022).

It is important that we stay up to date on our COVID-19 vaccines as it can help in preventing adverse outcomes in our loved ones of all different ages. I encourage you to speak with your healthcare provider to determine your eligibility for the vaccine and booster(s).

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Ernie Rosas: Exemplifies excellence in Nursing



Ernie Rosas, RN BSN, is a successful nursing professional, entrepreneur, and community and business leader. Most recently, he was appointed as the Chairman of the Development Committee of the Philippine Humanitarian Coalition (PHC). The latter's mission is to assist in rebuilding and recovery efforts of natural disasters and manmade crisis areas in the Philippines through fundraising and supporting community projects. He was a past President of the Philippine Nurses Association of America Foundation (2011-2015), which supports the development of Filipino-American Nurses to their fullest potential and facilitates their contributions to health and well-being for all through nursing, education, management, and research.

Ernie hailed from Tayabas City, Quezon Province, and graduated from St. John Bosco Academy. He received his Bachelor of Science in Nursing from the University of Santo Tomas, Manila, in 1976. He immigrated to the States in 1978 and completed his work visa program at Kansas City College of Osteopathic Medicine Hospital in 1980. He continued to work as a clinical nurse in various specialties, including Critical Care, OR, ER, Med Surgical, Psychiatry, Oncology, Geriatrics, and Hospice Care Agency Nursing. He has over

18 years in clinical nursing and 25 years in nursing management and entrepreneurship.

In 1991, Ernie recognized that healthcare provider organizations needed quality professionals to supplement their staffing needs. He and his wife, Beth, founded Reliable Healthcare Services, Inc., a healthcare staffing and international recruitment company. They provided temporary healthcare personnel, including nurses, to various hospital systems in Missouri, Kansas, Indiana, Michigan, and Ohio. In 1995, the company was awarded a Federal Contract (Federal Supply Schedule) to serve the VA Health Systems across the nation, the Department of Defense, the National Institute of Health, and the Indian Reservation Health System. He served as the company's CEO and President for over 25 years.

For the last 30 years, Ernie has been active in numerous nursing professional organizations. He was the President of the Philippine Nurses Association of Greater Kansas City from 1999 to 2000. He was elected to serve as a Board Member of PNAA from 2001 to 2003; Regional Liaison Officer for the North Central Region from 2004 to 2006; and served as the last PNAA VP from 2006 to 2008. At the 2007 PNAA National Convention in Los Angeles, Ernie introduced a very successful fundraising event for the organization, the "PNAA/PNAAF Healthy Challenge 5K Run/Walk. The first event took place in South Padre Island, Texas, during the 2008 Convention. It became a yearly event during the convention. For the last 14 years, the PNAAF/PNAA has raised over half a million dollars in donations from this event. Due to its enormous success, Ernie and his wife Beth were awarded the "Rosas Cup" for this outstanding achievement. Ernie served as the President of the PNAA Foundation from 2011 to 2015 and continued to introduce innovative fundraising ideas to raise money for our Legacy Building. He was the President of the UST Nursing International Association of the UST College of Nursing Alumni from 2002 to 2003 and served on the Appeals Committee of CGFNS International from 2002 to 2006.

As a community and business leader, his civic activities include involvement with the Mayor of Kansas City Ethnic Enrichment Commission as the Philippine Commissioner, Advisory Board, Asian American Chamber of Commerce, Kansas City. He is also the Past President of Kansas City World Outreach Lion's Club, the World Outreach Foundation, President of the Filipino Cultural Center Foundation, and the Board of directors for the Filipino Association of Greater Kansas City and served as its President in 2018 during their 50th Anniversary celebrations.





Ernie is also an active participant and financial supporter of the yearly medical missions to the Philippines and other countries since 1992. In 2007 as President of Kansas World Outreach Lions Club, he met with Candon City Lions Club and endorsed a donated mobile surgical and healthcare van to provide healthcare services to those most in need. He is currently serving as the Medical Mission Coordinator of the Philippine Medical Society Greater Kansas City/PNA of Greater Kansas since 2016. Together with his wife, they coordinated to bring the yearly "Feed the Hungry Program" to the Philippines, sponsored by KC World Outreach Lion's Club/PNA of Greater Kansas City. He is one of the donors of the 2017 Lion's Club International Yellow Boat Project, which benefited 12 families in Barangay Suay, Himamaylan City, Negros, Occidental. These families use the boats for fishing for livelihood and transportation to and from the school.



Ernie is the recipient of numerous awards and honors from local and national professional nursing, civic, and business organizations, which include the 2000 National Excellence Award in Entrepreneurship – PNA; 2005 Nurse of the Year Award – PNA of Greater Kansas City, 2006; Patriotic Employer Award – Department of Defense; 2007 Nurse Leadership Award – PNA North Central Region; 2008 Community Leader Award – World Outreach Foundation of Greater Kansas City, 2007; Community Leader and Philanthropic Award – Filipino Association of Greater Kansas City and 2008 Melvin Jones Fellow – Lions Club International Foundation. In 2016, he was inducted as one of the Chicago Filipino Asian American Hall of Fame recipients, Excellence in Nursing-International.

Currently, he is enjoying retirement with his wife Beth of 43 years, residing in Kansas City, Missouri. They are both "snowbirds" and spend the winter season in Scottsdale, Arizona, with their three kids and four grandchildren. He enjoys hiking and traveling with his wife. Ernie continues to be involved in his professional and community outreach activities.



PNA Greater Kansas City's pride gets recognized

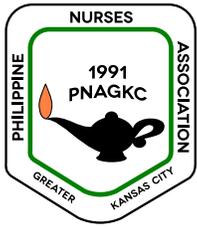
Marc J. Molitor, MSN, RN, VA-BC, CIC
(reprinted with permission from 3M)



Marc Molitor recently won the 2021 3M Clinical Specialist Award for the United States. Each year, seven 3M Clinical Specialists within the United States receive the award based on performance goal achievement. Marc has worked for 3M as a Clinical Specialist since 2016 where he continues to provide specialized clinical support to hospitals and other healthcare organizations on a variety of diverse and complex issues including vascular access. He earned both his Bachelor of Science in Nursing and his Master of Science in Nursing; Nursing Systems Administration track from the University of Iowa College of Nursing. Marc is board certified in infection prevention and control (CIC) and is also board certification in vascular access (VA-BC).

His nursing and professional background prior to working for 3M includes: inpatient stem cell transplantation nurse (at The University of Texas M.D. Anderson Cancer Center); outpatient stem cell clinical nurse coordinator (at The University of Kansas Health System); infection preventionist (at The University of Kansas Health System); and clinical consultant for an infection prevention software company (Premier Inc.'s TheraDoc).

Marc is a member of the Association for Professionals in Infection Control and Epidemiology (APIC), the Association for Vascular Access (AVA) and the Philippine Nurses Association of Greater Kansas City (PNAGKC) where he is the vice president-elect for 2022-2024. His mom Shirley (Parado) Molitor and Tita Cherry (Parado) Sloan-Medrano are both graduates of University of Santo Tomas class of 1971.



What is the Philippine Nurses Association?

The Philippine Nurses Association of Greater Kansas City is a tax exempt, non-profit 501(c) (3) organization which was established in 1991 as a constituent chapter of the Philippine Nurses Association of America.

Philippine Nurses Association of Greater Kansas City objectives include:

- Providing professional expertise, manpower and resources without compensation to various non-profit agencies and medical missions to impoverished areas
- Provide scholarship to qualified and deserving nursing students in the Philippines and United States of America to assist them in completing their nursing education.
- Network with professional organizations and agencies in developing and implementing programs relevant to nursing practice and education to increase the knowledge, skills and professional competencies of nurses so they can deliver safe and excellent care to the public.
- Provide a forum for exchange of information, exploring issues and problems and to develop educational tools and strategies to solve nursing issues.
- Provide free/low cost education to the public about health maintenance, preventative care and basic life support.
- Develop and implement research programs focusing on the health care needs of the Filipino-Americans in the Greater Kansas City area.
- Promote activities that will unify Filipino nurses in the Greater Kansas City area to achieve the associations major goals.

JOIN US TODAY!

Membership to the Association is a privilege and is contingent in compliance to the requirements as specified in the bylaws. Your membership includes local and National Membership.

Websites: www.mypnagkc.org www.mypnaa.org

NAME: _____ E-MAIL: _____

ADDRESS: _____

TELEPHONE: _____ GENDER: _____ BIRTHDAY: _____

HIGHEST LEVEL OF EDUCATION/TITLE: _____

PRIMARY NURSING PRACTICE: _____

MEMBERSHIP STATUS: NEW MEMBERSHIP RENEWAL

REFERRED BY: _____

COMMITTEES YOU WISH TO SERVE:

- MEMBERSHIP SOCIAL EDUCATION WAYS/MEANS
 EDUCATION/RESEARCH COMMUNITY SERVICE BY-LAWS

Active Member- a professional RN of Philippine ethnic origin

Associate Member – a professional RN of Non-Philippine Ethnic Origin

Member at Large – a professional RN residing in a state where a Local Chapter does not exist

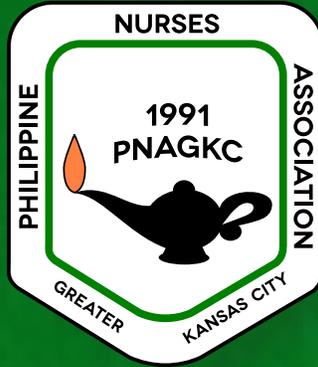
Membership Level: Active (1 Year): \$70.00 Active (2 Years): \$140.00

Preferred method of membership payment thru www.mypnaa.org

If paying by check, write to PNAGKC and mail to:

Luz Conde, 16211 W. 80th Place, Lenexa, KS 66219





2022 Upcoming Events

July 6-10, 2022: PNAA National Convention, New York, NY

Recurring Events

Every 2nd Thursday of every other month: General Assembly Meetings

Every Saturday 8-12 pm: Street Medicine Kansas City Homeless Clinic (contact Cora Zamora)

Franciscan Mission Warehouse (contact Luz Conde or Irma Labre-Wright)