



TANGLAW

THE OFFICIAL PUBLICATION OF THE PHILIPPINE NURSES' ASSOCIATION OF GREATER KANSAS CITY

Summer 2020 - Winter 2020 / Volume XLI



In this issue... As I See It • PNAGKC Health Initiative • Zoom Christmas Party • Membership Spotlights

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EDITOR'S NOTE



2020 marked the start of a new decade and it was quite the start! A year ago at this time, we were learning about a contagious novel virus that was impacting the world and was making its way to the United States.

COVID-19 has changed our world and lives in various ways. Over the last year we have seen the world transform into a new type of normal. A normal that includes socially distancing and wearing a mask in public. We have decreased the number of people that gathered for social events, cancelled travel plans,

have eaten more take out than dine in, utilized online shopping and become very familiar with Zoom meetings.

We have been longing over the last year for the human touch – a hug from a friend who you have not seen in months, a handshake greeting when meeting someone for the first time and a touch to the soul from a visible smile from a stranger at the store. We have lost friends, family, colleagues and hope during this pandemic. But through all of this, we have seen the strength of the human spirit. Friends and family who bring meals, snacks, flowers and cards filled with well wishes. Our steadfast volunteers went out into the community, fully dressed in their PPE. We have seen healthcare providers, essential workers and scientists working day and night to provide for our community. We are now seeing the distribution of promising vaccines for COVID-19 and have heard the plans for how we are going to get a better handle on the pandemic.

As this new year begins, I find peace and calm knowing that we will be reunited, in person, soon enough.

Here's to a better, healthier, safer tomorrow to you and yours!

Jessamine Endaya Daley DNP, APRN, NP-C

President's Message

"Be The S.P.A.R.K." is the 2020-2022 mantra of our current PNAA President Dr. Mary Joy Garcia-Dia.

S.P.A.R.K

S.P.A.R.K means:

SP **Stories of People.** There are a lot of personal stories in our own chapter that are inspiring and worth emulating.

A **Achievements.** There are members in our chapter that "spark-le" in their own right. They have given many years into the nursing profession and have retired in these recent months. Congratulations to all our outstanding retirees. Enjoy and God bless.

R **Resilience.** To all the members, their families and friends who got sick with the COVID-19 virus, some asymptomatic and some needing hospitalization. All of these people persevered and got through all of these trials and tribulations with prayers and resilience.

K **Kindness.** Our members rose to the challenge to be kind to one another by sending cards, bringing flowers, Filipino food and thoughtful words by phone, text and messages in addition to many more acts of kindness to each other that sustained us through these trying times. Thank you for all of your kindness.



Each and every one of you are and always will be a "SPARK." One of our PNAGKC goals for 2021 is to be transparent with our members and community whether it be by email, google groups, mypnna.org and social media outlets. Another goal is to continually show empathy, kindness and compassion to everyone in our community through services offered by the Battered Women Shelter, N2N, Project Cure and the Homeless Clinic.

I encourage everyone to help us with our membership drive so we can achieve our goal of increasing renewals and new members. We are stronger together.

"Let us not seek to fix the blame for the past. Let us accept our own responsibility for the future."—John F Kennedy

Happy New Year! Here is hoping 2021 will be a good year for everyone!

Babette Orlich BSN, RN

2020 - 2022 PNAGKC President

Committee Reports



Irma Labre-Wright
Bylaws • Policies
& Procedures Chair

We are in the process of reviewing and revising the bylaws. Policies and Procedures goals and action plans have been set on for the year. Committee members include Luz Conde and Leila Busch. We need to build up on our policies and procedures. We need to align ourselves with PNAA, patterned under their format. Each committee is built from the charters and we need to complete charters for each committee.



Jessamine E. Daley
Communication • Website Chair

We are working on transitioning from one website master to a new one. The process takes renewing our website domain and the website server we utilize to run our website. The goal is to have a website updated by Summer 2021.



Yollie P. Endaya
Membership Chair

As of January 2021, there are a total of 104 members. There are 57 active and 47 inactive members. An email notification is being sent to members at the end of the month prior to the month expiration of their membership. An additional reminder is sent again on the 15th of the month. If you have any questions regarding your membership status or need resources to help recruit new members, please do not hesitate to ask.



Irma Labre-Wright
Scholarship Chair

No updates to be reported. The scholarship committee is working on updating its policy and procedure in regards to the US scholar. We are also looking at reviving the scholarship in the Philippines so we can support an undergraduate nursing student.



Tess Laoruangroch
Education Chair

One of PNAGKC's goals is to provide free to low- cost education to nurses with the ultimate goal of expanding, enhancing and updating the knowledge and skills of the nurses so they can continue to provide excellent care. Despite the restrictions imposed by COVID-19, PNAGKC was able to provide virtual education (CEUs and non-CEUs) for at least one hour. Educational offerings included:

- “CKD and COVID-19” presented by Cibele Pinto, medical scientist liaison from Otsuka Pharmaceutical on August 13, 2020.
- “Critical Thinking,” from 3M that was offered on October 15, 2020. This presentation provided 1 hour of CEU and was facilitated and presented by Marc Molitor, a clinical specialist from 3M Medical Solutions Division. Marc also became a member of PNAGKC that day.

For the rest of 2020, PNAGKC members were offered free online/virtual education programs sponsored by PNAA and different organizations.

Due to continued COVID -19 restrictions, the education committee does not have any planned live group education program for 2021. The committee is encouraging members to attend the virtual classes offered by PNAA.



Sonia Tumanut
Awards Committee Chair

There are a number of nurse award categories in our association that can be presented to our members each year. Our policy and procedure for the awards are patterned like the PNAA but based on our changing chapter needs, we may need to make adjustments to the nursing award criteria.



Maggie Figureroa & AnnaLiza Dewhurst
Social & Hospitality

Our first annual Christmas party was a success. We earned \$415 from our virtual auction. We are currently in the process of planning the next gala. We are postponing our annual dinner dance in April and there will be a tentative date for the event in Fall 2021.



Chito Belchez
Research

PNAA regions are considering education collaboration between the regions. This is something that is the process of being discussed. There will be more information and updates provided in the upcoming months.



Vicky Hererra
Community Outreach

October 2020	56 hours
November 2020	37.5 hours
December 2020	107.75 hours

There are opportunities throughout the community where we can volunteer. The main ones we are involved with are Project C.U.R.E. and KC Street Medicine (Homeless Clinic). We are making a commitment to volunteer at Project C.U.R.E at least once a month. With KC Street Medicine, we are doing more than just medical aspects. We are providing meals and assisting with clothing drives.



Cora Zamora
Ways and Means Chair

There are no plans as of right now for fundraising because of COVID but once the conditions improve, we are hoping to host a bowling fundraiser in the late summer or early fall.



Irma Labre-Wright
Archives Committee

This committee is just in the beginning process of being put together. All the active past presidents are being asked to be part of this committee. An email will be sent with the important things PNAA would like us to archive.



Jessamine E Daley
Publication • Tanglaw Chair



TANGLAW IS DIGITAL!

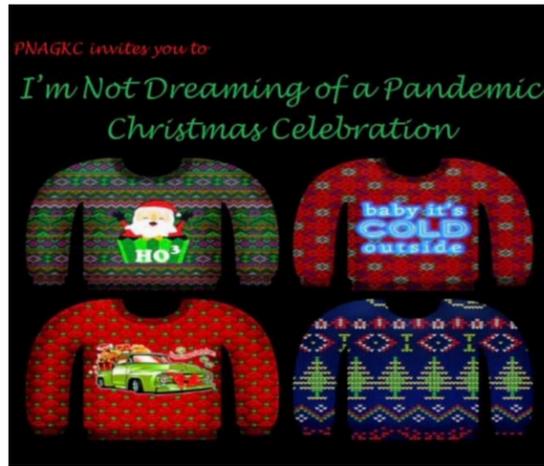
TANGLAW is available online but if you would still like to receive a hardcopy, please email your home address to: jessamine.endaya@gmail.com

for the next issue:

Please send your 1/2 - 1 page articles (with *.jpg pictures) to jessamine.endaya@gmail.com

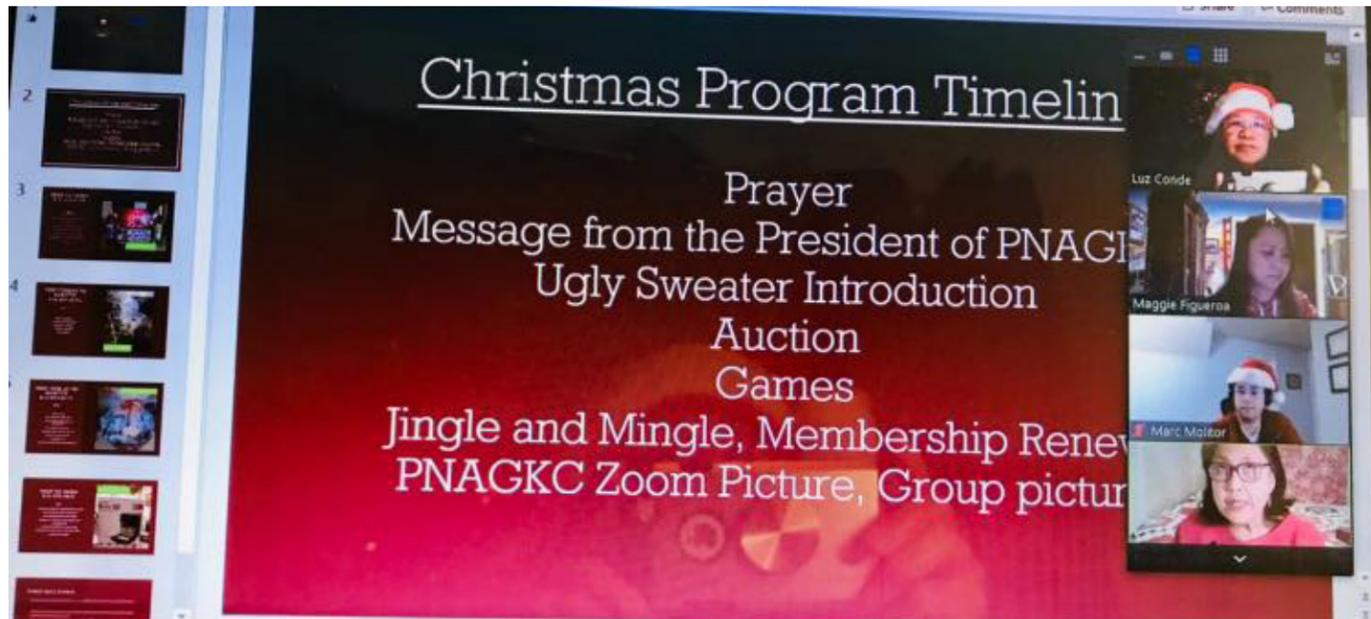
As a member of PNAGKC, you are invited to join any of the committees you may be interested in serving. Please contact the the specific committee chair for any additional questions.

I'm Not Dreaming of a Pandemic Christmas Celebration: PNAGKC's Annual and 1st Virtual Christmas



PNAGKC hosted its first virtual Christmas party on Saturday December 12, 2020 via Zoom. The event was chaired by Maggie Figueroa and Anna Liza Dewhurst with assistance from the Holiday Party committee.

Zoomers were asked to wear theme Christmas sweaters and vests to participate in an Ugly/Tacky Sweater contest. Categories included Tackiest Christmas Sweater and Best COVID -19 Related Sweater. Winners of the contest received gift cards to Amazon and Starbucks. A holiday auction also took place to raise funds for the Community Service and Scholarship Committees. Items were auctioned off as party attendees submitted silent bids during the allotted time to the designated contact person. We had a good turn out as we virtually got together to celebrate the holiday season.



PNA-Greater Kansas City Health Initiative

Written by: Luz P. Conde, Immediate Past President, Treasurer | BSN, RN, CCRN



When the pandemic hit the world, it felt like everything ground to a halt. We faced a new challenge that redefined our daily activities and our concept of normal. Our face to face meetings became virtual and our normal human interactions gave way to a socially distant exchange. At the recent

Philippine Nurses Association of America (PNA) convention, the fundraising event for the PNAAF became virtual. We all participated by doing our own walk at our own location instead of doing it all together in San Diego. PNAGKC then put the event on by meeting at a park where we could walk as a group, masked and be socially distanced. On the day of the PNAGKC event, although there were some fears of gathering together, there were also feelings of joy, relief and a great appreciation for what we had been missing for the last 5 months. At the event, I have this SPARK that ignited in me. I thought to myself, we have to do something and not just quarantine. We have to do something that will keep us healthy: physically, mentally and emotionally.

I proposed to our president and to other PNAGKC members that we should continue to do this walk as a group every first Saturday of the month. They agreed and our pandemic initiative began. Since our association includes two states, for fairness, we agreed to alternate the walk in the Greater Kansas City area, on the Missouri and Kansas side. Not only did we start this walking initiative, we made it more fun by tying our walks with a monthly theme. Our August walk had a blue theme for the Kansas City Royals baseball team opening game that week. Our September was red themed because the Kansas City Chiefs were



5 K walkers wore blue for the month of August.

having their first game that week. October was breast awareness month and we were all dressed in pink.

There was a definite SPARK in this initiative. We started with about 10 walkers, then it doubled, and our last walk had about 30 participants. We also had some line dancing after the walk! Nurses invited some friends, brought their families and pets. We started walking around 7 AM so the park was less busy. We wore masks and did our best to maintain distance. Filipino culture was not missed, as participants started bringing breakfast to share. A small gathering that started with hesitancy became an exciting time for us to gather. We are now looking forward to the next one! This monthly event also sparked everyone to explore different park venues and see what we can learn as we navigate the trails. We are excited to see what our future monthly walks take us!



During our September walk



Past and present PNAGKC Presidents during our October walk.

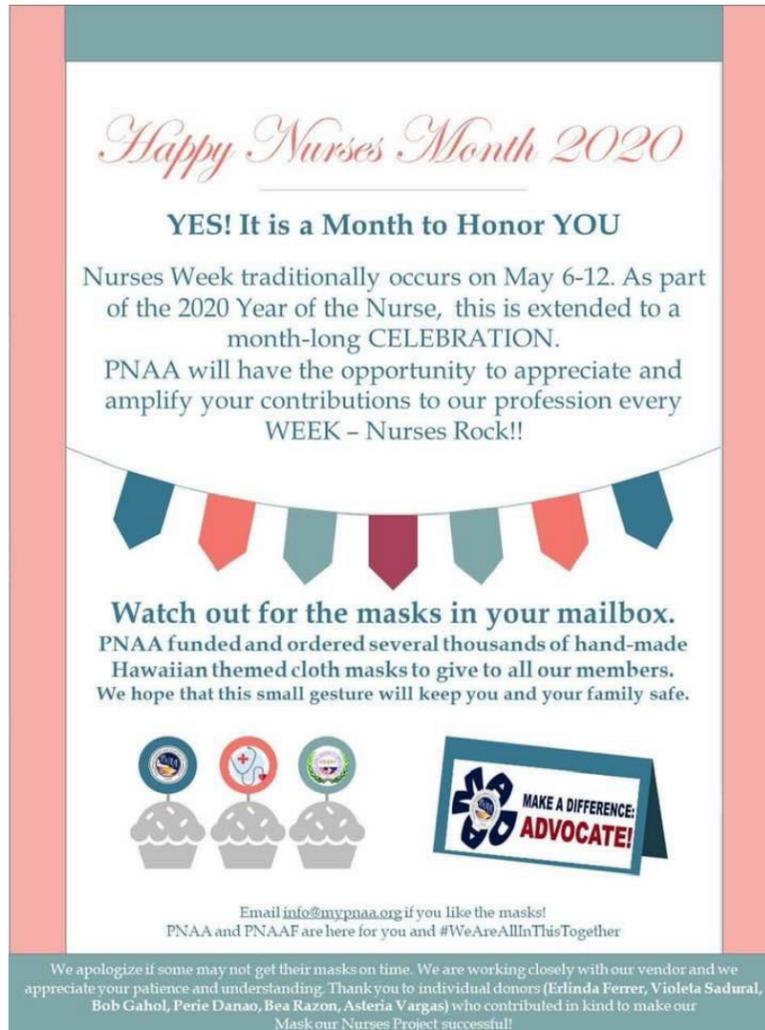


Breast cancer awareness was our theme for the month of October. The biggest group since we started the health and fitness program. Families and friends joined us this time.



Our September walk on a rainy day did not stop us. Our theme was to wear red for the CHIEFS.

PNAA Nurses Week Masks Delivered



Happy Nurses Month 2020

YES! It is a Month to Honor YOU

Nurses Week traditionally occurs on May 6-12. As part of the 2020 Year of the Nurse, this is extended to a month-long CELEBRATION. PNAA will have the opportunity to appreciate and amplify your contributions to our profession every WEEK – Nurses Rock!!

Watch out for the masks in your mailbox. PNAA funded and ordered several thousands of hand-made Hawaiian themed cloth masks to give to all our members. We hope that this small gesture will keep you and your family safe.

MAKE A DIFFERENCE: ADVOCATE!

MAKE A DIFFERENCE: ADVOCATE!
 MASK ON!
 Heal our Nurses Campaign

You pledge to save lives. We hope that this small gesture will keep you and your family safe. We salute your bravery.

PNAA/PNAAF are here for you. #wearinthetogether #yearofthenurse2020 Happy Nurses Month Celebration

The masks were funded by PNAA in addition to donors who contributed in kind. PNAA appreciates your generosity.

MAKE WITH ALOHA

Sum Corporation of Hawaii
 2111 Shawnee St., Kaneohe, HI 96719
 808.445.0000 | sumcorp@hawaii.com

MAKE A DIFFERENCE: ADVOCATE!

MAKE A DIFFERENCE: ADVOCATE!
 MASK ON!
 Heal our Nurses Campaign

You pledge to save lives. We hope that this small gesture will keep you and your family safe. We salute your bravery.

PNAA/PNAAF are here for you. #wearinthetogether #yearofthenurse2020 Happy Nurses Month Celebration

The masks were funded by PNAA in addition to donors who contributed in kind. PNAA appreciates your generosity.

Email info@mypnaa.org if you like the masks!
 PNAA and PNAAF are here for you and #WeAreAllInThisTogether

We apologize if some may not get their masks on time. We are working closely with our vendor and we appreciate your patience and understanding. Thank you to individual donors (Erlinda Ferrer, Violeta Sadural, Bob Gahol, Perie Danao, Bea Razon, Asteria Vargas) who contributed in kind to make our Mask our Nurses Project successful!



Ingram Heros in Healthcare 2020

Ingram started the Heroes in Healthcare recognition in 2004. Since then they have been acknowledging the health care administration, professional and auxiliary staff, nursing, volunteer work and lifetime achievement who have impacted the healthcare system in our region. One of the Ingram's Heroes in Healthcare 2020 in Nursing was one of our own, Babette Orlich BSN, RN. Congratulations!



Personal Thoughts on PNAGKC Community Service Efforts

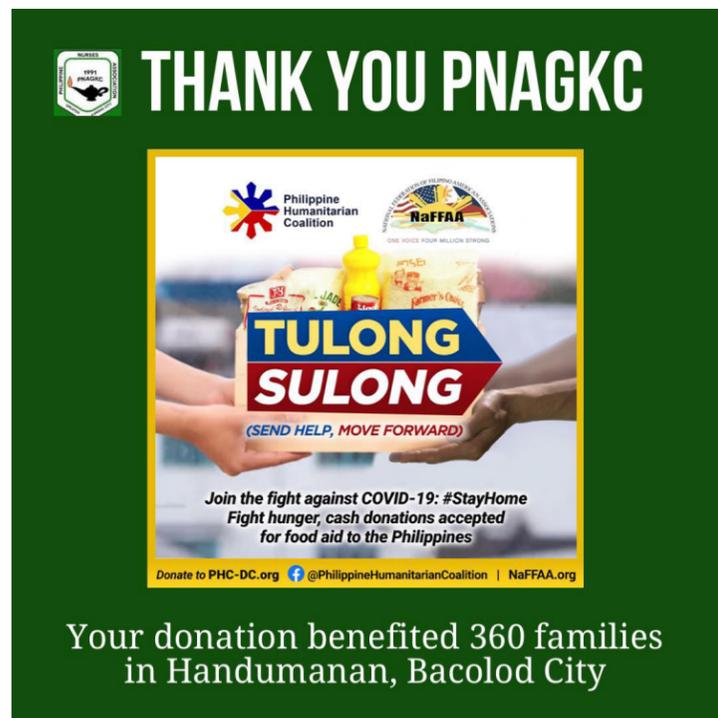
Written by: Cora Zamora | BSN, RN, CCRN



The COVID-19 pandemic is not stopping a few members of the PNAGKC from helping and taking care of the less fortunate in our Kansas City community. We are providing more than just medical care to individuals at the homeless clinic on Saturdays. These past few months we have served brunches, distributed winter clothes, socks, shoes, hats, blankets and masks. Many of the items we were able to distribute were donations from Amie's church members, PNAGKC

friends and the Health Outreach Foundation. Some of our regular volunteers include Amie, Regina, Jessamine and myself at the Homeless Clinic.

We also continue to volunteer at the former Franciscan warehouse now The Project Cure. We have been sorting and packing medical supplies including PPEs to be distributed to rural areas in Missouri. You can find Amie, Irma, Leila and myself regularly volunteering at The Project Cure. If you are interested in any of our volunteer services, please contact Vicky Herrera (Community Service Chair) or myself (Cora Zamora).



THANK YOU PNAGKC

Philippine Humanitarian Coalition | NaFFAA

TULONG SULONG
 (SEND HELP, MOVE FORWARD)

Join the fight against COVID-19: #StayHome
 Fight hunger, cash donations accepted
 for food aid to the Philippines

Donate to PHC-DC.org | @PhilippineHumanitarianCoalition | NaFFAA.org

Your donation benefited 360 families in Handumanan, Bacolod City

Thanks PNAGKC

PHC & NaFFAA are grateful to PNA Greater Kansas City (PNAGKC) for their generous donation to our Tulong Sulong project. Thank you for bringing help and hope to our Kababayan. 360 families benefited from your donation.



KC Street Medicine Community Service

DAISY Lifetime Achievement Award Nomination for Luz Conde

Permission granted for nomination to be published from nominator (Gigi Siers, MS, RN, NE-BC)

It is with the utmost enthusiasm that I nominate Luz Conde to receive The University of Kansas Health System's inaugural DAISY Award for Lifetime Achievement. Luz's distinguished professional nursing career not only meets the requirement for longevity, her career meets all the award criteria.

Luz has provided patient care with kindness and empathy to countless patients and their families throughout her career. She has also mentored hundreds of other nurses by combining her clinical expertise with a most wonderful calm, kind demeanor.

Luz has impacted the profession of nursing through her work with the area Filipino Nurses Association. I have watched in awe at how this group has supported each other and, more importantly, how Luz has supported the group. Luz's work with the Kansas Special Olympics Program is equally as remarkable.

Not one to be satisfied by just making an impact in our own region, Luz has made her mark globally through regular mission trips to the Philippines. On her mission trips, Luz helped change the lives of children born with cleft lip and palate deformities. While some might see

these surgeries as 'life-enhancing', I remain convinced that those delicate repairs are really 'life-saving' for many of these children.

Of course, Luz never left the United States without pounds of clothing and other items to share with those in need in the Philippines. At this very moment, I know there are many on the island wearing leftover HERO t-shirts thanks to Luz

As if these many reasons were not enough to qualify Luz for the DAISY Lifetime Achievement Award, it is Luz's work on the Engagement and Professionalism Council that is simply stunning. Luz has been an ACTIVE member of the Council for several years. She is always the first to volunteer and the last to take credit for anything. Luz is a quiet 'doer' of work that has elevated the profession of nursing at The University of Kansas Health System. If it is true that the "high tide raises all ships", then Luz is a 'high tide.'

She has been on the selection committee for award after award over the years. I smile thinking about the many award recipients who have experienced the joy of recognition thanks to Luz. They have no way of knowing about the number of hours she has devoted to providing exemplary input on award selections.

During the annual 5 Star Symposia and Culture Conferences, Luz has planned CES, moderated sessions, solicited prizes from local businesses, hired caricature artists and photographers, created flawless professional development display tables and much more. She arrives early and stays late. Her footprint on these events is made even more remarkable when one considers the pace of her highly specialized department. During the most recent virtual symposium, Luz moderated an important session. She was so professional and a broadcast that I had no idea that she came straight from her unit in scrubs, put on a tailored jacket minutes before the virtual session started and delivered a flawless session with her speaker before quickly returning to her department. How she does this without a crack in her lovely demeanor is quite beyond my understanding.

This nomination would not be complete without mention of Luz's work with the HERO program. Luz is a 'regular' among the 'regulars'. Her work to feed the hungry, bring happiness to the poor at the holidays, promote bike safety, clean the community, paint homes, and deliver more than 28,000 items to victims of a tsunami has changed lives. Like others, I am inspired by all that Luz accomplishes.

I will conclude with a quote from Wilferd Peterson who seems to have been speaking directly to those of us who know Luz when he said, "Walk with the dreamers, the believers, the courageous, the cheerful, the planners, the doers, the successful people with their heads in the clouds and their feet on the ground. Let their spirit ignite a fire within you to leave this world better than you found it."

As I See It — Blessed, Thankful & Hopeful

Written by: Yollie Endaya, Membership | MSN, RNC-OB, C-EFM



We could never have imagined what the year 2020 would bring us. The COVID-19 pandemic took a toll on our lives. It was not an easy transition going into the year 2021—and yet we were blessed to have completed the inauguration of the 46th President of the United States. As we begin the new year, the pandemic is still on the rise, but there is hope on the horizon, particularly with the availability of vaccines. We take the appropriate steps and precautions as recommended by the Center for Disease Control to slow down the transmission of the COVID-19 virus: we continue to wear masks, stay at least 6 feet apart, avoid crowds and poorly ventilated places and wash our hands.

How did PNAGKC get through this? We were blessed with the 2020-2022 executive board. Our executive board has been working tirelessly for the good of our association to keep it going and growing. With the utilization of technology, the organization was able to fulfill the association's mission and vision. We continue to be visible in the community through our service work.. We had new members join our association, we welcomed returning members, we appreciated member renewals and we celebrated members who reached milestones in their careers.

As Neal A. Maxwell said, "We should continually count our blessings but we should also make our blessings count." Sincerely giving thanks not only helps us recognize our blessings but it also provides the encouraging force that leads us to reach out to others to show that we care.

When we hope, things are more likely to turn out the way we want because we are willing to do everything to make it happen. Helen Keller said it best when she said "Optimism is the faith that leads us to achievement. Nothing can be done without hope."

Here is to a more hopeful 2021!



Community Service Report: The Ripple Effect of Paying it Forward

Written by: Vicky Hererra, Community Service Chair | BSN, RN



The COVID Pandemic brought a “new normal” that has affected our lives in unprecedented ways. It has created chaos that displaced lives and even millions were lost. It opened a world of grief, fears, uncertainties; challenged our personal space, paralyzed personal connections, plummeted our economy and even placed our health care system over the edge.

In the early phase of these varied changes, the Philippine Nurses Association of Greater Kansas City rose above the occasion and launched the Covid Initiative Project to be part of the solution. Our organization recognizes that our ability to contribute stems from the heart, beyond what the eyes can see. It does not operate on the “what’s in it for me” mentality but rather with a deeper purpose to share our priceless commodities, presence, time and attention.

Our tireless volunteers provided their expertise, manpower, resources and served through various organizations since the beginning of the year. The organizations include, but not limited to, Safehaven, Neighbor to Neighbor, Special Olympics, Meals on Wheels, Street Medicine, Homeless Clinic, Project Cure, Calvary Community Wellness Center, Metropolitan

Missionary Baptist Church, rehabilitation and long term care facilities, and St Scholastica Sister’s Outreach program in the Philippines. We donated food, medications, clothing, basic toiletries, PPE’s but most importantly, our most precious possessions: our time, effort and presence.

The collective force of these acts of giving create a ripple effect that impacts people’s lives. Perhaps the pre-owned jeans, jackets, and tennis shoes were the items they needed to get back on their feet. Maybe the medications or bag of groceries were the answer to their prayer as they are working on getting their health back. These donations and contributions were the SPARKS of hope and encouraged them to not give up. Maybe the reassurance of our presence during their darkest hours grounded their faith that there were many reasons to keep moving forward.

Kudos and our heartfelt thank yous to our loyal members, donors and supporters; to our tireless volunteers of the past and present who exemplifies selfless sacrifices, dedication and commitment to serve a greater good that is beyond themselves.

As our community needs continue to surge so does the need for volunteerism continue to rise.

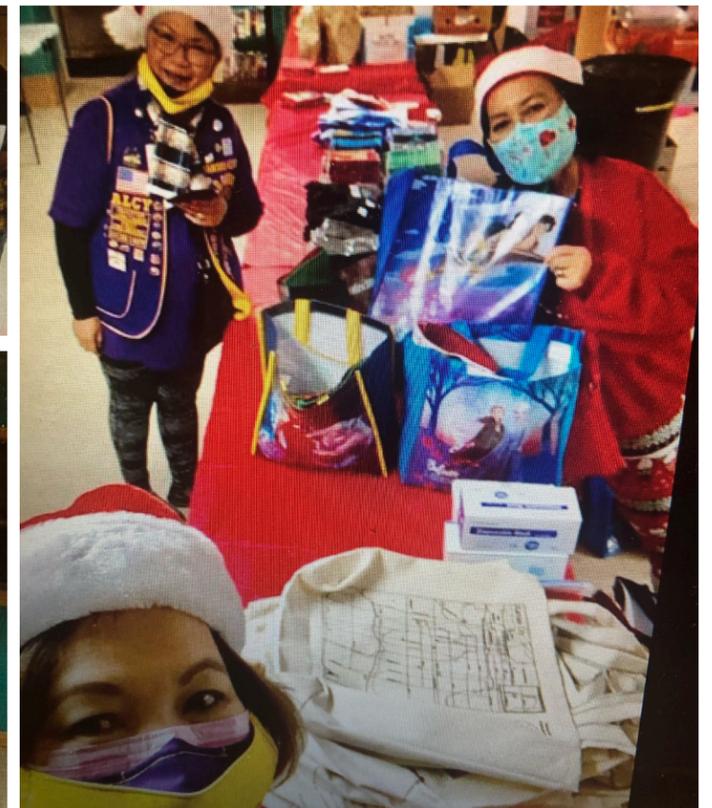
Are you willing and ready to create a ripple effect and pay it forward?



Dec 8 2020 • Safe Haven



August 29, 2020 • Metropolitan Missionary Baptist Church



December 24, 2020 • Neighbor2Neighbor Homeless Shelter



October 22, 2020 • Neighbor 2 Neighbor Homeless Shelter

Member Spotlights

GELEEN SALCEDO



Geleen Salcedo earned her Bachelor of Science in Nursing in 2019 from Mid America Nazarene University in Olathe, Kansas.

She came to the United States in 2005 to work as a physical therapist for a traveling company in Florida. She earned her Bachelor of Science in Physical Therapy from the University of the Philippines Manila and a Doctorate in Physical Therapy at A.T. Still University Mesa, Arizona in 2012. She functioned as a physical therapist in a variety of clinical settings: SNF, inpatient/rehab, outpatient and homecare in the Philippines, Florida and Kansas.

She decided to study nursing in 2018 to expand her clinical skills and to be more medically involved in the care of patients. Her first RN experience was in the neuro ICU at The University of Kansas Health System.

Currently she is working as a CCRN at the multi-specialty ICU of Overland Park Regional Medical Center. She is a past member of the Sigma Theta Tau and AACN.

Geleen has been happily married for the past 17 years. She and her husband have three children: 6-year old boy and girl (twins) and a 3 year old boy. In her free time, she enjoys traveling with her family.

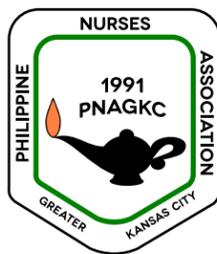
MARC J. MOLITOR MSN, RN, VA-BC, CIC



Marc Molitor is a 3M Clinical Specialist. He earned both his Bachelor of Science in Nursing and his Master of Science in Nursing; Nursing Systems Administration track from the University of Iowa College of Nursing. Marc is board certified in infection prevention and control (CIC®) and is also board certified in vascular access (VA-BC™).

His nursing and professional background include: inpatient stem cell transplantation nurse; outpatient stem cell coordinator; infection preventionist; and clinical consultant for an infection prevention software company.

Marc is a member of the Association for Professionals in Infection Control and Epidemiology (APIC), the Association for Vascular Access (AVA) and the Philippine Nurses' Association of Greater Kansas City (PNAGKC). His mom Shirley (Parado) Molitor and Tita Cherry (Parado) Sloan-Medrano are graduates of UST class of 1971.



Philippine Nurses Association of Greater Kansas City Membership Renewal Form

Choose one of these three ways to renew your membership.

1 Go to the PNA Website

- www.mypnaa.org
- At the top of the page, click on the login button
- Login with your username and password
 - a. If you do not have a username and password, follow the steps to create one
- Once logged in, click your name at the top of the page
- On "My Profile Page." Scroll down to a button to renew. Push the renew button and follow the prompts to renew your membership.
 - a. Remember to click "PNA Greater Kansas City" as your home Chapter

2 Go to the PNAGKC Website

- www.pnagkc.org/membership.html
- Fill out the form and click submit
- Select appropriate membership type on drop box under **Membership Options**
- Then Click Buy now
- Follow the prompts on the PayPal to complete the transaction

OR

- www.pnagkc.org
- Click on the membership tab on the top of the page
- Fill out the form and click submit
- Select appropriate membership type on dropbox under **Membership Options**
- Then Click Buy now
- Follow the prompts PayPal to complete the transaction

3 Mail In

Please mail completed membership form and check payable to **PNAGKC** to:

Luz Conde
16211 W 80th Place
Lenexa, Kansas 66210

Total Membership Due is \$70



PNA Greater Kansas City

EXECUTIVE BOARD

Terms of Office: 2020-2022



Babette Orlich
President



Irma Labre Wright
Vice President



Anna Liza Dewhurst



Magnolia Figueroa
Assistant Secretary



Luz Conde
Treasurer, Immediate Past President



Corazon Zamora
Assistant Treasurer



Yollie P. Endaya
Auditor / Membership Chair



Vicky Herrera
Public Relations Chair



Regina Ancola-Upton
Board Member



Chito Belchez
Board Member



Tess Laoruangroch
Board Member



Elvie Leone
Board Member



Sonia Tumanut
Board Member

Update on Nursing Shortage Written by: Tess Laorangoch | MSN, RN, APRN, FNP-BC, CHFN, MPH



Studies projected about a decade ago that the US will experience a shortage of registered nurses (RNs) as the population ages and the RNs whose average age is 50 years old and older will retire within the next 15 years.

The 2020 Missouri Nursing Workforce Report (Missouri State Board of Nursing, 2021) showed a high rate of nurses nearing retirement (aged 55-64 years old). The majority of PNAGKC members are in this age range, and in recent months, a number of the members have retired.

A recent update by the American Association of College of Nurses regarding the nursing shortage (AACN, 2020) reported that:

1. The Bureau of Labor Statistics projected 3.3 million RN jobs from 2019- 2029, with 175,000 job openings per year for RNs.
2. A shortage of RNs is projected between 2016-2030. There was an increase of 5.1% in entry-level BSN programs in 2019 but the increase is not sufficient to meet the nursing shortage.
3. Enrollment in the nursing program continues to be limited by shortage of nursing faculty and facility.
4. The aging population, healthcare reform and the increasing complexity of healthcare especially managing chronic illness dictate the need for BSN-

prepared RNs. The landmark “Future of Nursing” (IOM, 2010) recommended increasing the BSN-preferred Nurses by 80%, but to date only 64% has been achieved.

5. High nurse retirement and turnover rates are affecting access to health care. About 40% of RNs are over 50 years old and in 2020, about 80,000 have retired.

The COVID-19 pandemic has worsened the nursing shortage. The surge in the hospitalized patients has taxed the nursing staff; some even died from COVID-19. Health systems are asking retired nurses to return to work in addition to offering new employees and referring employee sign-on bonuses. The current staff nurses, especially those working in the COVID units, are being paid with differentials and overtime bonuses. Others are using travel nurses with a much as \$10,000/week salary: the travel nurse going to the highest offer (McLernon, 2020). With no end in sight with the COVID pandemic, there are concerns for burnout, mental health issues and death that will worsen the nursing turnover and speed up retirement. All these combined together is the perfect storm for a dire nursing shortage.

Reference

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Missouri State Board of Nursing. (2021). 2020 Missouri Nursing Workforce Report. Jefferson City, MO: Missouri State Board of Nursing.

Benefits of being a PNAA Member as stated on the PNAA website

Privilege of Representation:

As a member of the Philippine Nurses Association of America, along with the 10,000 Filipino-American nurses in the United States, you are represented in various professional organizations, government agencies, community groups and other coalitions.

Networking:

Opportunities for networking with experts in your own field of specialty when participating in our professional activities at the local, state, national and international level.

Educational Opportunities:

Discounted fees to educational programs at the chapter, regional, national and international levels.

Leadership Development:

Various opportunities to develop your leadership skills.

Interactive Website:

Gain access into members' only sections of the PNAA website.

Subscription to the Journal of the Philippine Nurses Association of America.

As a paying member of the PNAA, you will receive updated information about PNAA activities.

Serving Your Colleague:

You will have the privilege of serving as a delegate, officer or committee member at the national level. You'll vote on important issues, decisions and actions that affect Filipino-American nurses and the Asian community at large.

Staying in Touch:

Members are alumni of various schools and colleges of nursing in the Philippines. Activities are featured in the Website and in the Journal of Philippine Nurses Association of America.

[Philippine Nurses Association of America (2010). Membership benefits. Retrieved from <http://mypnaa.org/membership/membership-benefits.html>]

Check out the website! www.mypnaa.org

NORTH CENTRAL REGION

Join us for the next
NCR Conference

Per the PNAA, the regions will be hosting their conferences every other year.

For up-to-date information regarding happenings of PNAA, please go to mypnaa.com



above: States included in the North Central Region: Missouri, Kansas, Ohio, Indiana, Minnesota, Michigan, Wisconsin, Illinois, Arkansas, Tennessee, Kentucky, Iowa, Nebraska, North Dakota, South Dakota

SPARKED TO ACTION
In the New Normal

42ND PNAA ANNUAL NATIONAL & 2ND VIRTUAL CONVENTION
JULY 21-25, 2021
Hosted by PNA-New England

Congratulations and Happy Retirement!



Luz P. Conde BSN, RN, CCRN

- 43 ½ years of nursing experience
- Graduated BSN at Arellano University, Manila, Philippines
- Graduate Nurse at Chinese General Hospital School of Nursing
- Retired from The University of Kansas Health System on December 11, 2020
- Experience included: Critical Care Nurse Surgery & Trauma, Cardiothoracic, and Transplant with the last 10 years as a Unit Educator of the Electrophysiology Lab.



Tess Laoruangroch MSN, RN, APRN, FNP-BC, CHFN, MPH

- 44 years of nursing experience
- Graduated with BSN from Pamantasan ng Lungsod ng Maynila (University City of Manila)
- Graduated with MSN from Research College of Nursing
- Retired January 11, 2021 - 2 months short of 30 years from Research Medical Center- HCA. Experience included ICU bedside, nurse clinician, nurse practitioner in cardiology clinic



Babette Orlich BSN, RN

- 44 years of nursing experience
- Graduated with BSN from University of Santo Tomas
- Retired March 30, 2020 from North Kansas City after 36 years of service
- Experience included clinical instructor, orthopedics, NICU



Cora Zamora BSN, RN, CCRN

- 44 years of nursing experience
- Graduated with Diploma Nursing in Bohol, Philippines
- Graduated with BSN from Graceland University
- Retired on December 26, 2020 from North Kansas City Hospital after 34 years of service
- Experience included: OB & Maternal Care, Med/Surg, Med/Surg ICU, Surgical ICU, CVICU



Anita Cooper BSN, RN

- 45 years of nursing experience
- Graduated from College of Nursing Far Eastern University
- Retired November 5, 2020 from Centerpoint Medical Center
- Experience included: Clinical Instructor, Med/Surg, Critical Care



Leila Busch MSN, RN, CEN

- 45 years of nursing experience
- Graduated with BSN from San Juan de Dios College of Nursing
- Graduated with MSN from Grantham University
- Retired February 17, 2020 from Saint Lukes Health System North Campus after 18 years of service
- Experience included: Med/Surg, neonatal, nursing home supervision, pulmonary care unit, pre/post operative nursing, emergency room, cardiac rehab, pain management

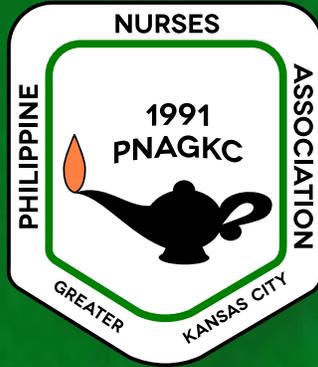


Yollie Endaya MSN, RNC-OB, C-EFM

- 43 years of nursing experience
- Graduated with BSN from Concordia College
- Graduated with MSN from Webster University
- Retired May 19, 2019 from Truman Medical Center - Perinatal Services as Clinical Team Manager Weekend Alt after 30 years of service
- Experience included Med/Surg, Perinatal Service, Labor & Delivery / Postpartum, Clinical Team manager, Clinical Instructor

Additional Retirees

Aurora Pacubas
Marilyn Carino
Venir Rivera
Jun Rivera
Aida Lopez
Ruben Lopez
Edith Edic



2021 Upcoming Events

March 11: PNAGKC Zoom General Assembly Meeting

April 30-May 2: PNAA Western Regional Convention

July 21-25: PNAA 42nd & 2nd Virtual PNAA National Convention, PNAA 5K Virtual Walk/Run

Recurring Events

Every 2nd Thursday of every other month: General Assembly Meetings

Every Saturday 9:30am-1:30pm Homeless Clinic at Street Medicine
Community Center @ 8th and Paseo, Kansas City Missouri

Franciscan Mission Warehouse (contact Luz Conde or Irma Labre-Wright)