



# TANGLAW

Winter Spring 2011

Official Publication of the Philippine

Nurses' Association of Greater Kansas City

Vol. XXX

Caring is the essence of nursing— Jean Watson



PNAGKC members: Emma Florentino, Joy Doolin, Jessamine Endaya, Beth Rosas, Lourdes Batocabe, Luz Conde



## PNAGKC EMBRACES A NEW PROJECT

By Vicky Herrera

**O**n December 12, 2010, Project Warmth was born. Our volunteers endured the cold frigid weather, distributed winter clothing, served hot meal and provided a mini health fair to the Parishioners of St. Louis Church in Swope Parkway, KCMO. On January 29, 2011 we repeated this initiative and we served the transient homeless at the Shalom House in Kansas City Kansas. The recipients were very grateful and there was no shortage of sincere appreciation. A frail homeless transient said to me, “we don’t lose hope because you think of us”

There is a great and urgent need for the services we provide and our efforts and hard work are making a difference.

To the Community Service Committee, and to all the project warmth supporters, thank you very much, your contribution is priceless. As a team, we have accomplished more.

It maybe cold outside but it was hot in the kitchen as volunteers Amy, Moppette and Jessamine works.

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## Editorial



We saw the birth of PNAGKC twenty years ago. Today, we bask in the glory that we have

accomplished what we had set to *do*. We have made ourselves visible in our community, nationally and internationally. We have weathered many storms and overcome the growing pains that came our way. The Tanglaw mirrored all our accomplishments and heartaches and will continue to do so for many years to come.

I took the editorship of our newsletter as a promise to our President, Vicky Herrera. She held that role for many years and had done a marvelous job. Needless to say, I have a big shoe to fill. All I can say is that I will try my best to get the job done but I can't do it alone. The Tanglaw will only be as good as we want it to be. I am asking the editorial staff and all of you to share your personal and professional experiences and release your creative writing talent so we can showcase our organization.

Sincerely,

*Leila*

Leila



## *PRESIDENT ' S MESSAGE*

If you are like most people, you've probably experienced the sudden burst of energy, enthusiasm and motivation that comes in during the first few months of the year. There is a renewed sense of rebirth, purging, repair and replenishment which is crucial in order to sustain and cement the driving force that directs our behavior.

PNAA President Rey Rivera challenges us to all be fully engaged and make a difference, which is his mantra for the next two years. I am very proud to claim with a resounding yes that PNAGKC is fully engaged and yes, we are making a difference.

It has been 8 months since I took the oath as your President. Our accomplishments are reflected in a very healthy report card. To this day we have not faltered in upholding the image of the Filipino nurses in the United States. We have provided charitable services, education and participated in research. We have overcome obstacles in the past and they will probably never leave our side. As long as we remain focused and united in our goals, despite our differences, we will emerge like polished gems, shining even brighter.

The future of PNAGKC is in our hands. We welcome the new generation of nurses; Jessamine Endaya, Mark Tumanut, Kathleen Doolin, Henedine Figueroa and Marlou Lafleur. When the experience and expertise of the two generations merge, it translates to growth. May you find your passion as you join our journey and share the same core values of professional excellence and outstanding service. If we remain vigilant, passionate and fully engaged, we can take PNAGKC to a higher level of excellence. I know, hand in hand, together we can do it.

Sincerely,

Vicky Herrera

PNAGKC IN ACTION



Special Thank You to the donors: Sam's Club, Einstein Bagels and Panera Bread.

CULTURAL DIVERSITY AT KANSAS UNIVERSITY



Moppette, Luz and guest



Luz, guest, Mary, Joy and Moppette



Photo op while setting up for the Christmas Party



## Annual Camping/Membership Drive

By: Aida Lopez

On August 20, my friend Elena and I drove to Watkins Mill Park for a camping trip, my first one with the PNAGKC. As we approached the marker for our camping site, I could feel the excitement, energy and anticipation. There were several cars and trucks lined up along the curvy, graveled road, filled with camping gears, food and equipment. People are smiling, talking, laughing and exchanging interesting stories while setting up their tents. Hawaiian was the theme for this year and different ideas and decorations adorned each tent and the ambience was so endearing. That first night was a night to remember! We had a well lit bonfire where everyone gathered around and shared warm soup as Hawaiian music played.

Working as a team, our group prepared an unforgettable breakfast you can ever imagine- corned beef, sausages, danggit, fruits arranged beautifully and scrambled eggs. Of course, we had to work the food out, so we decided to take a long walk. We jotted along the curvy roads, up and down we go, passed the lake with beautiful swans, tall trees that swayed gracefully with the wind.

Lunch time came along and there were several PNAGKC members that arrived. No Hawaiian Luau will be complete without the roast pig. With more food to share the fun stretched to the ten o'clock when we have to stop in consideration to other campers. We had a program where there was so much talent—from singing to dancing, and there were games for the young and old.

Sunday dawned, it was time to say goodbye. Friendship was rekindled, and PNAGKC members who had been working hard through the years got a little respite from the daily routines and a sense of commitment to the association was once again renewed. It was a time to remember. I am blessed to be a member of the PNAGKC—it speaks and means great things.



Joy Doolin, Vicky Herrera, Loicee Sarol, Elvie Leone, Sonia Tumanut, Riz Pecana, Leila Busch, Aida Lopez. Standing: Venir Rivera, Luz Conde, Elena Sabido, Cora Zamora, Tess Laoruangroch, Grace Leonzon, Babette Orlich, Venir Rivera, Lucila Bautista, Jun Rivera, Celia Banago, Emilie Turalba, Moppette Florentino.

## PNAGKC 2010 Fall Education Program

By: Chito Belchez- Chairman Education Committee

The PNAGKC Chapter, in collaboration with Carondelet Health Care System provided its 2010 Fall Education Program last October 16, 2010. The program's theme was about Achieving Balance of Mind, Body and Spirit. Course objective was to broaden the clinical nurse's knowledge and challenge them in their role as clinicians and professionals in their current practice. The program offered 4 contact hours of Continuing Nursing Education. The class was well attended by members of the PNA of Greater Kansas City as well as nurses from various local hospitals. The half day event was packed with presentations from subject matter experts from various fields with topics ranging from Conflict Management and How to deal with Difficult People; Horizontal Violence and how it impacts organization and exploration of measures to deal with it; Parish based and Community Health Nursing as well as information related to Secondary Stroke Prevention. The program was held at Saint Joseph Medical Center Community Education Center.



Join the World Outreach Lions Club on May 11, 2011 for it's Bowling Fundraising Event.

Where: Parklane Family Fun Center

Time: 2-4 pm

Cost: \$30.00 includes shirt and shoe rental

# SCHOLARSHIP



By Elvie Leone, RN, BSN,  
CGRN

Scholarship Committee Chair

## Scholarship Program—Student Re- port

*By Elvie Leone, RN, BSN, CGRN,  
Chair, Scholarship*

One of the most gratifying elements of serving on the PNAGKC Scholarship Committee is the opportunity to hear from the worthy students that we sponsor. Our most recent report comes from Maria Cecilia Hular, who is completing her studies this semester, and moving on to her review courses. Maria has consistently met the PNAGKC eligibility requirements throughout the period of her studies and writes the following in response to our confirmation that the PNAGKC will continue her scholarship support.

*I'm so happy that I'll still be receiving the money. I'd like you to know that today, we took our last examination (FINALS). Then*



Meeting our Philippine Scholar— Noella Joy Arsenal

*next week, I will be working on my requirements for the submission of Professional Regulations Forms in preparation to the upcoming 2011 National Licensure Exam. We already have a schedule for our graduation, which will be on March 31, 2011. The money will be used for the fees for our graduation and some other requirements. It will also include the payment for our school's enhancement program - 4000php.*

*I'd like to inform you that my mother and I have chosen R.U.N. (Review University for Nurses) as my review center. The review will start on April (first week). But matters will be discussed next week, on its orientation. The package offered by RUN is 15000, which will include everything. This is cheaper as compared to other review centers. And with regards to this matter, may I know po if this will be the last assistance that I will be receiving from you? I was wondering if since when will I be assisted still financially. Thank you for your response. God bless!!*

*Maria Cecilia Hular*

Obviously, the needs are great, but the PNAGKC can take pride that it continues to make a difference in the lives of very deserving students such as Maria.

# MEMBERSHIP: NEW MEMBER PROFILE



Jessamine Endaya is the second daughter of Archie and Yollie Endaya of Blue Springs, Missouri. She graduated from Blue Springs High School in 2006.

In high school she was a member of the Golden Regiment Marching Band, National Honor Society, National Technical Honor Society, Hi-Step, Senior Class Vice President, and remained on the Principal's Honor Roll for a consecutive 4 years. Throughout high school, she aspired to become a dentist. She decided to take a vocational class that was offered featuring occupations related to the health sciences during her senior year of high school. She was able to shadow health care providers throughout the Blue Springs area in a variety of health care settings. As the months went on, she grew to love taking care of the patients in the area hospitals and nursing homes. After receiving her certified nursing assistant license, she had a change of heart and decided to pursue nursing. She attended the University of Missouri Kansas City where she was a member of the Student Government, Student Affairs Financial Council, Golden Key Honor Society and Student Nurses Association. She was also inducted into the Sigma Theta Tau International Nursing Honor Society where she is the current Lambda Phi chapter secretary. She received her BSN and graduated Magna Cum Laude in addition to being the recipient of the 2010 Excellence in Nursing Award in the Clinical Setting. She currently works at Truman Medical Center Hospital Hill in the ICU pavilion. She is keeping her options open but plans on going back to school in the future to further her career in the ever changing profession of nursing. She decided to join PNAGKC to remain involved, to have a deeper connection with her roots.



I am Maria Lourdes Nafrada-Lafleur, or fondly called "Marlou" by family and friends. I was born and

raised in the beautiful city of Davao on May 23, 1969. My interests are baking, cross-stitching, shopping and going to my yoga classes (I try!) I consider myself a friendly, outgoing person, a good listener, a person you can count on. I'm an AB Mass Communication graduate of the Ateneo de Davao University and a BS Nursing graduate of Teclarro College of Nursing. I am currently married to my amazing husband Ron Lafleur and we have a wonderful 3-year old daughter together. I also have 2 older sons, 19 and 12 years old from my first marriage who are also residing here in the US (my eldest son is now a freshman in nursing school). We migrated to the US in mid-2007. I was a housewife/new mom for a year and a half until finally I decided it was time to join the workforce. I took the NCLEX in 2009 and was immediately hired by Truman Medical Center as a clinical RN in their Med-Surg unit. I plan to go back to school and at present I am working on getting into the MSN program at Graceland University.

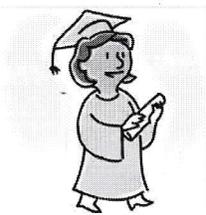
## Benefits of being a PNAGKC member:

- ◇ Membership to PNAA
- ◇ Subscription to the PNAA newsletter and PNAGKC newsletter Tanglaw.
- ◇ Discounted fees to nursing educational seminars with CEU's Opportunity for personal and professional growth.
- ◇ Opportunity to volunteer for community services

# COMMUNITY SERVICE REPORT

Lourdes Batocabe– Chair

- \* August 14 - Annual Health Fair in collaboration with FCCF, PMS and FAGKC
- \* August 24 -5K Walk/Run- Fundraising in collaboration with FCCF, FAGKC and South Platte Rotary
- \* September 25 –Bowling Fundraising and Membership Campaign
- \* October 12- Volunteer Lions Golf Tournament
- \* October 16- PNAGKC Fall Education Workshop which offered 4 CEU's
- \* October 21-31 –Medical Mission to Isabela, Philippines In collaboration with Lions Club and MMF
- \* November 13 – Volunteered at the Women Veteran's Annual Lunch at KC Veteran's Hospital
- \* December 10 –Annual Christmas Party
- \* December 12--Project Warmth , Provided Lunch and Mini health fair at St Louis Parish
- \* January 29 -Project Warmth provided dinner and mini health fair at Shalom Homeless Transient Shelter
- \* Feb.7-11 -Med Mission to Cavite, in collaboration with PMS, Rotary International and South Platte
- \* February 15- Volunteered at Lions/PNAA Gawad Kaliga Village Build a Farm at Piel Bulacan, Philippines
- \* Once a month, volunteers bring Food to the Homebound through Redemptorist Church.



Congratulations to Caroline Cooper (Mom Anita) who will be graduating this May with a degree of Doctor of Pharmacy at St. Louis University.



## PNAA Update January 2011

By: Beth Rosas, PNAA NCR VP

Since our PNAA National Convention in Miami July 2010, my role as PNAA VP of the North Central Region has given me many opportunities to connect and work with other regional officers as well as collaborate with the different national committees in achieving the goals set by our current President Rey Rivera.

This period has also given me a better understanding of how PNAA relates to each 41 local chapters all over the United States in terms of our differences in our missions as individual organizations.

For most of us, we do understand that PNAA is a 501 (c) 6, a professional, non profit organization which was established in 1979. Many of the local chapters such as our PNAGKC have a Code 501 (c) 3 status. With this in mind, our mission as a local chapter differs from the PNA of America in terms of whose interest and group we chose to serve as an organization. PNAA's mission is to serve all Filipino-American nurses who become its members and constituents- to uphold the positive image and welfare of its members and to promote professional excellence. On the other hand, PNAGKC as a 501 (c) 3 organization, chose to serve the public or the community of Greater Kansas City and at the same time promote professional excellence amongst our members and create activities where we can showcase our skills and make a difference as a member of our organization. Ultimately, as nurses and professional caregivers, we take our work beyond the confines of our respective jobs, join many organizations and give back to our community locally, nationally and internationally.

### **PNAA Upcoming Events:**

**North Central Regional Conference** is on April 29-May 1, 2011 in St. Louis, Missouri.

It will be held at Lumiere Place Casino & Hotel.

**South Central Regional Conference** is on March 24-27, 2011 in Brownsville, Texas.

**The PNAA 32<sup>nd</sup> National Convention** is on June 28-July 3, 2011 at the Hyatt Embarcadero, San Francisco, California.

**The 14<sup>th</sup> Eastern Regional Conference** is on Nov. 4,5,6, 2011 in Ashville, North Carolina to be held at the Biltmore Estate.

**The PNAA Foundation Collaborative International Conference** was held on Feb 3-5, 2011 in Iloilo Grand Hotel, Iloilo City, Philippines with its Theme: Promoting Health Care Quality through Leadership and Global Linkages: Translating Research into Practice

For more information about these events, please email me at [bethBrosas@gmail.com](mailto:bethBrosas@gmail.com)

# HEALTH CARE REFORM IN AMERICA

BY: Leila Busch

First of the series

America is known for being at the forefront of technology. This is especially prevalent in the realm of medicine. But in a Capitalistic America, technology comes at a cost that must be absorbed by the consumer. In this case, the patient is the consumer of the medical technology (Fowler). These costs are an economic burden on Americans, leaving many under-insured or completely uninsured. As a Democratic government, the United States Congress is supposed to protect the governed. In spite of Congress' best efforts, the healthcare crisis continues.

The advent of organized health care in America started when physicians expanded their role and formal education. Because of these advancements, a need for payment of services received emerged. The economic strain of the Great Depression brought the importance of reimbursement for services rendered to the forefront. Initially, small hospitals such as Baylor University Hospital in Dallas, TX, attempted to develop a payment plan that allowed coverage for treatments. An example of this is the group of school teachers who paid a fee regardless of services rendered. The initial success of this health plan influenced multiple hospitals to mimic the blueprint for a new system for reimbursement. For example, the founding of Blue Cross in 1932 in Sacramento, California was an attempt for a widespread coverage for patients (Wasley). The initial intent of the Blue Cross is a non-profit organization which allowed them to keep premiums low to benefit the insured (Noah).

After witnessing the success of Blue Cross' initial nonprofit, commercial insurers saw an opportunity to capitalize on healthcare for a profit. In the Post-World these private

insurers prospered when healthcare was offered as an employment benefit. During the 1970s and 1980s, health insurance skyrocketed due to advancements in medical technology and growing inefficiencies of the health-care system (Noah). The almighty dollar, and the need to increase profit margins, lead to health insurers denying treatment and testing.

The healthcare debate continues today, and has been allowed to grow to an almost uncontrollable proportion that may never be fixed. "The current system is increasingly inaccessible to many poor and lower-middle-class people" (Noah). Realizing that the cost of healthcare is an economic burden on United States citizens, the government has repeatedly attempted intervention to reduce costs. The strength of the health insurers is not the only negative influence for sweeping healthcare reform. One additional impediment to reducing healthcare costs is an inability to reach a compromise between political ideologies. The Democratic and Republican parties have yet to provide a solution that both sides agree upon. Another roadblock to reducing healthcare costs lies in the negative connotation that any healthcare reform legislation that distributes healthcare costs is seen as Socialized Medicine, which is contrary to our Capitalist economy. Some see this as a precursor to other legislations that may infringe on our liberties. The government is at an impasse due to these contributing factors. Due to this, healthcare costs will continue to be over-inflated.

The healthcare crisis is a very prevalent hot topic on Capitol Hill and will continue (cont. on page 18)

# Hepatitis C

By: Letty Quaison

Hepatitis C is caused by an RNA virus in the Flaviviridae family. Multiple C Virus (HCV) genotypes exist with Type 1 being the most common in the United States.

## Clinical Description:

Hepatitis C is a disease with varying rates of progression. In general, its course is slowly progressive. For people who are recently infected, only about 20% will experience any related acute symptoms. Therefore, it is uncommon for people to be diagnosed with

Hepatitis C Virus (HCV) infection in the acute stage. About 15% - 25% of HCV infected individuals recover spontaneously and the reasons for this are still unknown. The remainder develops chronic infections.

Most people are asymptomatic during the first decade or two of chronic hepatitis C. Some patients will experience a range of symptoms.

## Incubation Periods:

The incubation period for hepatitis C ranges from 2 weeks to 6 months, with an average incubation period of 6 to 7 weeks.

My role as a nurse clinician at Truman Medical Center's (TMC) GI/Hepatology clinic is to educate both Hepatitis B or C patients from preventing and spreading the virus to others. Some of the services we provide are as follows:

1. Prevention and education includes information on how the disease is transmitted and how to avoid transmitting it to others.  
Provide instruction on transmission of HBV/HCV and emphasize the need for ongoing medical evaluation. Treatment is available to those who are candidates.
3. We educate on the need to completely abstain from alcohol and illicit drugs to help protect the liver. We provide referrals to appropriate treatment or support services.
4. Discuss medications that should be avoided as high doses of these can damage the liver.
5. Provide information on the importance of hepatitis A and B immunization.
6. Help patients to provide free medications to treat hepatitis B & C through drug companies.
7. Pre-evaluation for liver transplant is now available at St. Luke's Hospital under the care of Dr. Laura Alba.

Dr. Laura Alba work with Fellows, Nurse Practitioners and 3 RN's who are trained in treating Hepatitis B & C. TMC is committed to provide high quality care and services to the community and to make a positive difference in the lives of people who are affected by the disease.

Letty Quiason, RN, BSN, CGRN

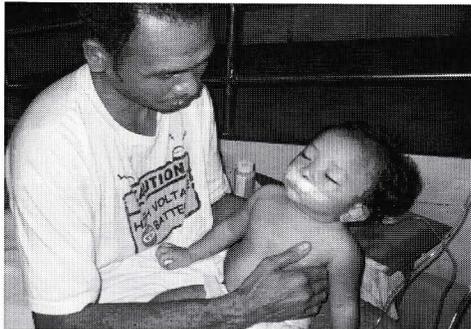
Nurse Clinician -TMCHH GI/Hepatology

## Medical Mission to Santiago City, Isabela, Philippines

By Babette Boiser- Orlich

Last October 21 to October 31, 2010 seven members of the PNAGKC took part in the 20 member team to a Medical Mission Foundation mission. The PNAGKC members were Leila Busch, Marilyn Dizon, Arvin Figueroa, Babette Orlich, Sonia Tumanut, Amy Valera and Cora Zamora who was the over all coordinator. The mission was in conjunction with the Kansas City World Outreach Lions Club, Candon City Lions Club who brought their Sight and Hearing Mobile Clinic to the hospital and became one of the Operating Room sites.

The free services offered were: General Surgery (hernia), Head/Neck (thyroid), Plastic (Cleft Lip), Gyne (myoma, ovarian tumors), minor surgeries (bukol ,boils and warts), cataract extractions, pediatric and adult medical consultations and free medicines were provided.



Arvin Figueroa – the angel that watches when someone is asleep. Or maybe crying!



## Cavite Mission - Thoughts & Training Recollections

By: Ron Holt, President- Rotary Club of South Platte

Dear Fellow Mission Team Members:

I hope you all are over jet lag and settled back into your daily lives in the States with a renewed sense of purpose and energy. Thank you all for allowing me to participate, in a small supporting role, in the Cavite City medical mission, and to witness the skill and compassion with which you provided medical care and treatment to some 2700 less fortunate Filipino people.

In thinking about the mission week, for me, the week at Salamanca Hospital seemed to rush by like that with a flood of experiences and images, ranging from cleft lip surgery on a 4-day old baby to removal of 15-25 pound tumors, with many other surgeries and patients in between. For me, the dominant memories are the many polite greetings, smiles and expressions of thanks from the people of Cavite we were serving, and, in some cases, the great poses struck by those who wanted to 'ham it up' for my camera.

I also will always remember the high level of interest, energy and devotion of the hospital nurses and staff, the many visiting student nurses and Red Cross volunteers, and Tony Esteban and his family and other local Rotarians. And, of course, I will not forget how hard all of you worked to provide treatment and care to so many people over just a 5 day period and the way in which you treated each patient with dignity and respect. To apply the theme of Rotary's 2010-2011 year, this truly been a 'bridging of continents' to help in the 'building of communities' through medical service and training.

In closing, thank you again for "visiting" and caring for those who "were sick" (Matthew 25: 31 NAS) and providing what Mother Teresa called "God's love in the world today." May God richly bless each of you in all your professional and personal endeavors this year and watch over and

protect you and your families. Proverbs 11:25 (“Whoever gives to others will get richer; those who help others will themselves be helped” New Century Version) Ron Holt

“There is so much we can do, so much we can give, that takes so little from us but means so much to others.” John Kenney, 2009-10 RI



PNAGKC members at the Cavite Medical Mission: Del Illoreta, Moppette Florentino Amy-Valera, Irma Labre Wright, Vicky Herrera, Mary Aragon, Leila Busch and Ernie Rosas.



Past Presidents Irma Labre-Wright and Leila Busch visited the possible site for 2012 Medical Mission in Bicol. (Seated in the middle is Governor Edgardo Talledo of Camarines Norte)

# Awards, Recognitions

## Amie Valera Receives Nurse of the Year Award

By Irma Labre -Wright



Amie Valera was presented the 2010 Nurse of the Year Award at Kindred Hospital during the celebration of National Nurses Week last May 12, 2010. Amy was chosen by her peers among for her dedication to patients, team work, and loyalty to Kindred. She had been a staff there since 1992, formerly the Lakeside Hospital. In the article written at the issue of the hospital's newsletter, "The Kindred Spirit", a former CEO described Amie as "a very caring and sincere employee".



## Elena Sabido- Kansas City VA Employee of the Month, Employee of the Year.

By: Aida Lopez

Another bead to her string of accomplishment! Veterans Hospital of Kansas City awarded Elena Sabido "The Employee of the Month and the Employee of the Year for 2010"Wow! What a great accomplishment!

I have known Elena for several years. She is not only a dear and sincere friend but a well respected colleague as well. It was not surprising that she was selected as the Employee of the month for December and subsequently, the Employee of the Year. She exemplifies the image of the modern Nightingale with her ambition and aspirations.

Friends and co-workers find Elena exceeding in these categories.

**Customer Service:** Elena consistently promotes a positive and productive work environment among co-workers and fellow KCVA employees. She maintains a pleasant attitude at all times. She has a positive approach towards customer service.

**Positive attitude:** her upbeat and optimistic approach to her duties is contagious resulting in an improved level of staff cohesiveness. (Cont. on page 17)

( Cont'd from page 16) Elena Sabido

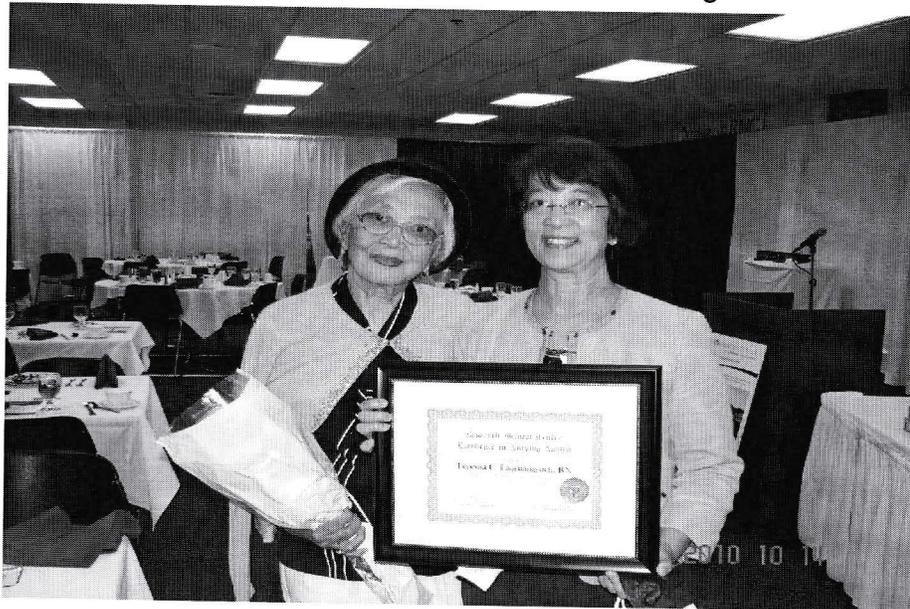
Role Model: She is an exemplary role model for her fellow nurses and staff. She is professional in her actions, appearance and in her delivery of nursing care. She is a source of wisdom and advice for her peers and nursing students who are experiencing professional dilemmas concerning their nursing career.

Commitment to Excellence: The patients, family members and staff greatly benefit from Elena's commitment to excellence. She always maintains a professional and positive attitude which is reflected in her actions and accomplishments. Veterans and family members frequently comment on her kind and compassionate nursing care.

## *Tess* Laoruangroch Receives the RMC Community Nursing Leader Award

By: Irma Labre-Wright

Research Medical Center presented 3 Distinguished Service Awards during its 3rd Annual Community Leader Dinner last October 14, 2010. The awards honored 3 categories – Nursing, Medicine and Community. Teresita C. Laoruangroch, RN, NP, received the nursing award for her work and dedication to the Heart Failure Program at Research Medical Center. The chief executive officer and the chairman of the board for Research Medical Center presented her the award. Several community leaders and about 150 guests were in attendance during the event.



Tess and her mom at the awards reception

( Cont. from page 17) Tess Laoruangroach receives..

As the Heart Failure Coordinator at Research Medical Center, Tess was instrumental in developing and coordinating programs that awarded Research Medical Center the only Joint Commission Certified Heart Failure Center in Kansas and MO and 6th in the nation; the certification signifies excellence in delivery of care. In addition, Tess initiated performance improvement programs, physicians and directors to improve the care and lives of heart failure patients. For her efforts, Research Medical Center is the only hospital in the greater Kansas City area to receive the American Heart Association's Triple Gold Recognition and Heart Failure Gold Plus recognition, two-years in a row. Less than 20 hospitals nationwide have received this recognition, as published in World Health News. Gold plus recognition is the highest recognition award given to those hospitals participating in the Get with the Guidelines of the AHA, the purpose of which is to improve the care of heart failure patients. Other hospitals nationwide have modeled their performance improvement programs from Tess' model. Most of all, it is Tess's work as a nurse practitioner in the Heart Clinic where Tess is making a difference in the lives of her patients. Tess' inspirational acceptance speech brought tears to everyone's eyes. Her passion for education and her commitment to work brought her to where she is now. She shared her award with her mother, Narcisa Flores – her love, perseverance and hard work paved the path for Tess's success.

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(Cont. from page 12) Health Care Reform

to be so for the foreseeable future. "The overall trend – the gift on an increasingly market-driven health-care system – is to undermine the very idea that the cost of illness should be spread out among the general population, healthy and unhealthy alike." (Noah). As long as a market-driven healthcare system is in control, the government has its hands tied and the citizens, especially the sick and under-insured, will continue to suffer. Although medicine as a whole has advanced exponentially, the lack of wide-spread availability has not put us in a more advantageous position in the Post-World War II era.

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# THE ROARING TWENTIES

## PNAGKC 20<sup>TH</sup> ANNIVERSARY CELEBRATION

A golden era of flapper dresses and feathers.  
Striped suits and fedoras.  
Jazz, dance, and art deco.

Saturday, April 16, 2011, 6 PM to midnight.  
Westin Crown Center Hotel. \$75 per person.

For more information contact  
Mayie Vilkins [mvilkins@kc.rr.com](mailto:mvilkins@kc.rr.com)  
or Sonia Tumanut [pnagkc@yahoo.com](mailto:pnagkc@yahoo.com)



# UPCOMING EVENTS

April 7, 2011	General Assembly Meeting, NKCH Pavilion @ 7pm
April 16	20th Anniversary Dinner Dance Crown Center
April 29-May 2	NCR Convention, St. Louis MO
June 28-July 3	PNAA National Convention, San Francisco, CA
Aug. 26-28	Camping/Membership Drive Health Fair
Sept. 1-11	Bohol Medical Mission
TBA	Health Fair
TBA	FCCF 5 k walk/run
TBA	Fall Education
TBA	Christmas Party

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Kansas City, MO 64152

# MEMBERSHIP

**New members/renewals \$50**

**Mail payments to**

***Babette Boiser Orlich*** (Chair)

*3631 N. Park*

*Kansas City, Missouri 64166*

**Committees:**

<b>Community Service</b>	<b>Bylaws</b>
<b>Membership</b>	<b>Awards</b>
<b>Education</b>	<b>Scholarship</b>
<b>Ways and Means</b>	<b>Human Rights</b>
<b>Social</b>	<b>Publication</b>
<b>Nomination and Election</b>	<b>Research</b>